

Quote

“Siri, I’m feeling depressed.”

“I’m sorry to hear that. Talking to someone might help. If you’d like, I can help you call a friend or family member, or you can find help online at nami.org.”



988
SUICIDE
& CRISIS
LIFELINE

SAMHSA
Substance Abuse and Mental Health
Services Administration

NASMHPD

Crisis JAM SESSION

HOST: DR. AMY COHEN



SMI Adviser

JANUARY 25th, 2023

DR. URSULA WHITESIDE



CEO
**NowMatters
Now**



TALK.CRISISNOW.COM

**The
Challenge**
Care that feels like care