

988 Crisis Jam – Ep 116 – March 01, 2023 – Chat Transcript

- 09:44:31 From Ursula Whiteside (she/her) : Hi folks - I'm here early because I'll be talking about the loss of a woman in our field
- 09:55:01 From Karen Denise Jones : Live Captions can be found at <https://www.streamtext.net/player?event=988meeting>. Auto captions are on Zoom.
- 09:55:42 From Ursula Whiteside (she/her) : Where Diana was living near her family
- 09:55:57 From Ursula Whiteside (she/her) : Close to, but not in, Mexico City
- 09:56:24 From Kristen Ellis, LMFT : SAMHSA Store: <https://www.samhsa.gov/find-help/988/partner-toolkit> and click on "Printable Materials"
- 09:56:38 From Kristen Ellis, LMFT : Get your Crisis Jam items! <https://shop.hopeinc.com/Products/ProductGrid/988?r=1>
- 09:57:19 From Kristen Ellis, LMFT : Definitely need to grab my long sleeve for this UT snow!
- 09:59:13 From Karen Denise Jones : Want a free Crisis Jam shirt or hat? Volunteer for the hotseat! Email karen.jones@riinternational.com
- 09:59:42 From Donna Obermeyer, Family Alliance for Mental Health : Donna Obermeyer - Family Alliance for Mental Health in WA state
- 10:01:40 From Laura Evans Vibrant Emotional Health, She/her : Gracias Rosa!
- 10:01:40 From Brenda-Voice&Vision : MEXICO represent!!!
- 10:01:41 From Pierluigi Mancini PhD (He/His/El) : Buenisimo. Gracias Rosa
- 10:01:44 From Amy Cohen, PhD (APA) : A great welcome!
- 10:01:45 From Sylvia Feliciano : Love that!
- 10:01:48 From David Covington : Welcome to the Crisis Jam and this special edition focused on better services and supports for people whose hearts beat in Spanish! Our featured speaker today Erick Senior Rogés will talk about culturally responsive services for Hispanic and Latinx populations. That includes people like me, who was born and raised in Mexico City but have lived in the United States for nearly 30 years.
- 10:01:51 From Tonja Myles : Hola!!
- 10:02:01 From Pierluigi Mancini PhD (He/His/El) : Yes, that works.

10:02:09 From Kristen Ellis, LMFT : Crisis Jam YouTube playlist:
https://youtube.com/playlist?list=PLidjbJeaMxndwT16Y18HU3avj_4SHRjKG

10:02:15 From Amy Brinkley (NASMHPD) : Buenos Dias Rosa!

10:02:27 From Hope : Hola

10:02:37 From Kristen Ellis, LMFT : Already there! 😊

10:02:52 From Miriam N Smith Taylor : Muchas Gracias Rosa! Abrazos y bendiciones!

10:03:02 From Kristen Ellis, LMFT : Please download and import the following weekly iCalendar (.ics) files to your calendar system. <https://bit.ly/CrisisJamCalendar>

10:03:17 From Kristen Ellis, LMFT : Learning Community:
<https://talk.crisisnow.com/learningcommunity/>

10:03:39 From Kristen Ellis, LMFT : USA Today News:
<https://www.usatoday.com/story/news/health/2023/02/25/mental-health-experts-988-progress/11256143002/>

10:04:09 From Kristen Ellis, LMFT : NY Times:
<https://www.nytimes.com/2023/02/12/opinion/health/mental-health-outreach.html>

10:04:56 From Kristen Ellis, LMFT : Diana Cortez Yanez -
<https://livethroughthis.org/diana-cortez-yanez/>

10:07:10 From Amy Brinkley (NASMHPD) : ❤️

10:07:11 From Stephanie Barrios Hepburn : Thank you, Ursula. Powerful tribute.

10:07:25 From Shye Louis (she/her) : This is such sad news. She was so lovely. Thank you for sharing her story here.

10:07:36 From Sylvia Feliciano : Thank you for the tribute.

10:08:11 From Meighan Haupt (NASMHPD) (she/her/hers) : Love this quote

10:08:32 From Karen Denise Jones : Diana shared during our Promise of 988 Lived Lens during the Dec 14 at the 988 Crisis Jam. <https://youtu.be/KN1O-0g024Q?t=2310>

10:08:54 From Miriam N Smith Taylor : Thank you for the beautiful tribute

10:10:18 From Ursula Whiteside (she/her) : Additional details about Diana. She created exceptional and powerful videos of her lived experience with suicidal intensity. For example, her pair of ice-water demonstration videos (see https://bit.ly/NMN_Cold) have collected over 15,000 views in the past few years and highlight her beautiful spirit. You can also learn more about Diana on her professional website: <https://dianacspeaks.com/>. More details to come

- about her the NowMattersNow.org's "Diana Cortez Yañez Legacy Fund for Lived Experience Educators" on <https://www.facebook.com/NowMattersNow/>
- 10:11:49 From Margie Balfour : Wow (re the graph). I wonder if some of the increase is due to less stigma in disclosing those thoughts?
- 10:12:27 From Khristia P. : This is why I advocate for diverse level of peer mental health and recovery coaches.
- 10:14:46 From Howard D. Trachtman WARMLINE.ORG he series : power of peer support is key www.warmline.org hdt@mbrlc.org 781 642 0368
- 10:15:05 From Leigh Ann Fitzpatrick, CSW : Hello from KY!
- 10:15:11 From David Covington : Diana talked at length in her interview with LiveThroughThis.org about stigma in Mexican culture... delayed her getting help by years
- 10:16:19 From David Covington : But, then when she did get help, it was a terrible experience and reinforced going it alone
- 10:16:45 From Khristia P. : thank you for this slide right here, this discussion and topic is so important, thank you Erick Senior Roges
- 10:17:28 From Hope : This is so timely for me. Thank you
- 10:19:56 From Khristia P. : Do we get access to these slides?
- 10:20:54 From David Covington : HI Khristia, please visit <https://talk.crisisnow.com/learningcommunity/> to access all the materials from the Crisis Jam presenters and segments
- 10:21:35 From Khristia P. : Thank you David.
- 10:22:30 From David Covington : You can also watch all the past Crisis Jam episodes on YouTube at https://youtube.com/playlist?list=PLidjbJeaMxndwT16YI8HU3avj_4SHRjKG Please like and subscribe ;)
- 10:26:51 From Kristen Ellis, LMFT : Familia Adelante: <http://www.familiaadelante.com/> Con Mi Madre: www.conmimadre.org Life is Precious: <https://comunilife.org/lip>
- 10:27:20 From Kristen Ellis, LMFT : Suicidal Behaviors Guide <https://mhffcnetwork.org/centers/national-hispanic-and-latino-mhffc/product/latinos-and-suicidal-behaviors-clinicians-guide> Suicide in Latinos factsheet https://mhffcnetwork.org/sites/mhffc/files/2020-09/Suicide_factsheet.pdf Cultural Formulation Interview factsheet <https://mhffcnetwork.org/centers/national-hispanic-and-latino-mhffc/product/dsm-5-cultural-formulation-interview>

- 10:27:52 From Sylvia Feliciano : That was wonderful. Thank you!
- 10:27:58 From Meighan Haupt (NASMHPD) (she/her/hers) : Excellent presentation. Thank you so much.
- 10:28:02 From Angela Shamblin, Crisis Text Line : I loved this presentation. Thank you!
- 10:28:04 From Margie Balfour : This is such a great presentation and very timely! Thank you! Our data shows that our crisis center probably isn't serving as many Hispanic/Latino individuals as it should. I would be very interested in suggestions for outreach to this underserved population.
- 10:28:07 From Dana.Craig : Thank you so much
- 10:28:14 From Stephanie Barrios Hepburn : Thank you, Erick.
- 10:28:18 From Dawn Peel, DBHDD : Thank you for this information. Erick can you share your contact information?
- 10:28:35 From Miguel Serricchio : This was excellent Erick
- 10:28:52 From Javy Passalacqua : Muchisimas gracias Erick!
- 10:28:54 From David Covington : This is all about dignity!
- 10:29:05 From Erick Senior Roges : Thank you all!
- 10:29:06 From Jana (Jay-nuh) | she/they : In case it's helpful to know, Crisis Text Line has a fully-acclulturated Spanish text (741741), WhatsApp(442-AYUDAME), and web chat service that is staffed by Spanish/English bilingual volunteer Crisis Counselors and mental health professional Supervisors. You can find more info here: <https://www.crisistextline.org/es/>
- 10:29:19 From Hope : Reacted to "This is all about di..." with ❤️
- 10:29:21 From Miguel Serricchio : As a bilingual peer facilitator for loss and attempt survivors I've also notice a need to focus on the male population in a male only group setting.
- 10:29:32 From Amy Brinkley (NASMHPD) : Reacted to "As a bilingual peer ..." with 👍
- 10:29:36 From Erick Senior Roges : NHL MHTTC Products and Resources

Suicidal Behaviors Guide

<https://mhttcnetwork.org/centers/national-hispanic-and-latino-mhttc/product/latinos-and-suicidal-behaviors-clinicians-guide>

Suicide in Latinos factsheet

https://mhttcnetwork.org/sites/mhttc/files/2020-09/Suicide_factsheet.pdf

Cultural Formulation Interview

factsheet <https://mhttcnetwork.org/centers/national-hispanic-and-latino-mhttc/product/dsm-5-cultural-formulation-interview>

10:31:27 From Kristen Ellis, LMFT : SAMHSA Store: <https://www.samhsa.gov/find-help/988/partner-toolkit> and click on "Printable Materials"

10:31:33 From Pierluigi Mancini PhD (He/His/El) : www.multiculturaldevelopment.com

10:31:42 From Kristen Ellis, LMFT : Get your 988 Crisis Jam swag!
<https://shop.hopeinc.com/Products/ProductGrid/988?r=1>

10:31:42 From Meighan Haupt (NASMHPD) (she/her/hers) : Go Amy!!!

10:31:44 From Pierluigi Mancini PhD (He/His/El) : Pierluigi Mancini PhD
Pierluigi@eldoctormancini.com

10:31:47 From Erick Senior Roges : Hi my contact info is erick.senior@uccaribe.edu

10:32:08 From Meighan Haupt (NASMHPD) (she/her/hers) : Pick yours! :)

10:32:15 From Sylvia Feliciano : Thank you, Eric! I will be contacting you.

10:32:34 From Amy Brinkley (NASMHPD) : Reacted to "Pick yours! :)" with ❤️

10:32:48 From Madonna : Wearing that one today.

10:32:55 From Kristen Ellis, LMFT : Here's the International Summits Feedback Survey
<https://form.jotform.com/230394945236158>

10:33:54 From Erick Senior Roges : Reacted to "Thank you, Eric! I w..." with 👍

10:35:58 From Matthew Goldman : I think I saw an article about this happening in UK?

10:36:21 From Monica Luke (she series) : Reacted to "I think I saw an art..." with 👍

10:36:46 From Meighan Haupt (NASMHPD) (she/her/hers) : We will all learn! :)

10:36:54 From Margie Balfour : Reacted to "I think I saw an art..." with 👍

10:36:59 From Meighan Haupt (NASMHPD) (she/her/hers) : Wow!

10:37:02 From Karen Denise Jones : Thanks for participating, Amy and Matthew! :)

10:37:07 From Amy Brinkley (NASMHPD) : Reacted to "Thanks for participa..." with 💜

10:37:07 From Nina Richtman (she/her) : Reacted to "Thanks for participa..." with 👍

10:37:11 From Matthew Goldman : Ah sorry Amy!! :)

10:37:15 From Meighan Haupt (NASMHPD) (she/her/hers) : Reacted to "Thanks for participa..." with 💜

10:37:17 From Amy Brinkley (NASMHPD) : Reacted to "Ah sorry Amy!! :)" with 😂

10:37:21 From Dana.Craig : I am surprised by this answer!

10:37:35 From Amy Brinkley (NASMHPD) : Reacted to "I am surprised by th..." with 👍

10:37:48 From Amy Brinkley (NASMHPD) : Replying to "Ah sorry Amy!! :)" Its ok!

10:37:54 From Meighan Haupt (NASMHPD) (she/her/hers) : Reacted to "I am surprised by th..." with 👍

10:37:59 From Amy Brinkley (NASMHPD) : Thanks for having me!

10:38:15 From Meighan Haupt (NASMHPD) (she/her/hers) : Reacted to "Thanks for having me..." with ❤️

10:38:25 From Karen Denise Jones : Want to volunteer hotseat and get your own free Crisis jam shirt? Email me! karen.jones@riinternational.com

10:39:11 From Jamie Sellar (He/Him) RI International : RI and Neami partner in South Australia to provide a Urgent Mental Health Crisis Center in Adelaide. IT admits around 400 people a month. The second largest referral source is ambulances that are diverting from the EDs.

10:42:39 From Mary Jean Weston : Let's not forget ~ "Nothing about them without them!"

10:42:51 From Dana.Craig : Reacted to "Let's not forget ~ "... " with 👍

10:42:56 From Dana.Craig : Removed a 👍 reaction from "Let's not forget ~ "... "

10:43:01 From Hope : Reacted to "Let's not forget ~ "... " with ❤️

10:43:58 From Stephanie Barrios Hepburn : A Teen Navigates Canada's Crisis System— She Was Left Out of Her Own Care: <https://talk.crisisnow.com/a-teen-navigates-canadas-crisis-system-she-was-left-out-of-her-own-care>

10:44:19 From Tonja Myles : You go sista!!!

10:44:25 From Meighan Haupt (NASMHPD) (she/her/hers) : Such a helpful video

10:44:28 From Genevieve DeRose : Reacted to "A Teen Navigates Can..." with 💙

10:44:36 From Manly Summerfield - MHA-GC : As someone who works with teenagers - Thank you for the focus here.

10:44:39 From Meighan Haupt (NASMHPD) (she/her/hers) : Reacted to "A Teen Navigates Can..." with 💙

10:44:47 From Amy Brinkley (NASMHPD) : Hi Amey!!!

10:44:51 From Dana.Craig : Reacted to "Let's not forget ~ "... " with ❤️

10:45:41 From Erick Senior Roges : Reacted to "A Teen Navigates Can..." with ❤️

10:45:42 From David Covington : Thanks for being here and sharing your vision Amey!

10:46:14 From Dana.Craig : Thank you for sharing your story

10:46:22 From Hope : Thank you for sharing Amey

10:46:30 From Matthew Goldman : Reacted to "Its ok!" with 🙌

10:46:54 From Wendy White Tiegreen - GA DBHDD : Considering Ingrid's point: We want youth to practice all sorts of developmental skills (working part-time, driving, relationships). How can we expect youth to move towards health self-management without practicing these skills? My daughter was trained in how to manage her asthma in her early adolescence - #parity

10:47:36 From Stephanie Barrios Hepburn : Yes, Wendy. That is such an excellent comparison.

10:48:01 From Stephanie Barrios Hepburn : Thank you, Amy!

10:48:06 From Stephanie Barrios Hepburn : Amey!

10:48:07 From Hope : Reacted to "Considering Ingrid's..." with ❤️

10:48:23 From brenda.patterson : Thank you for sharing!

10:48:43 From Erick Senior Roges : Thank your for sharing your experience Amey

10:49:20 From Karen Denise Jones : Thank you for joining and sharing, Amey!

10:49:22 From Stephanie Barrios Hepburn : "Playing a part in my own recovery. I'm the one who will continue on this journey."

10:49:41 From Jean Olshefsky : Thanks for repping all Wendy!

10:50:56 From Shelby Rowe - SPRC (she/her) : Next month, SPRC will be releasing a new course - "Safety Planning with Youth for Suicide Prevention" to help build capacity for working collaboratively with youth to create a safety plan using the Stanley-Brown safety plan. Looking forward to having more info to share soon

10:51:05 From Jane Granzier : Reacted to "Next month, SPRC wil..." with 👍

10:51:09 From David Covington : Reacted to "Next month, SPRC wil..." with ❤️

10:51:16 From Meighan Haupt (NASMHPD) (she/her/hers) : Reacted to "Next month, SPRC wil..." with ❤️

10:51:28 From Wendy White Tiegreen - GA DBHDD : Reacted to "Thanks for repping a..." with ❤️

10:51:34 From Ellen Harwell : Reacted to "Next month, SPRC wil..." with ❤️

10:51:53 From Stephanie Barrios Hepburn : Oh, that's fantastic, Shelby.

10:52:39 From Jana (Jay-nuh) | she/they : Reacted to "Next month, SPRC wil..." with 👍

10:52:39 From Jana (Jay-nuh) | she/they : Reacted to "Next month, SPRC wil..." with ❤️

- 10:53:01 From Hope : Reacted to "Next month, SPRC wil..." with ❤️
- 10:57:05 From Angela Shamblin, Crisis Text Line : Reacted to "Next month, SPRC wil..." with ❤️
- 10:57:23 From Kristen Ellis, LMFT : NASMHPD's Center for Innovation in Health Policy and Practice Page – <https://www.nasmhpd.org/content/nasmhpds-center-innovation-health-policy-and-practice>
- TIC Videos & Webinars Page – <https://www.nasmhpd.org/content/tic-videos-and-webinars>
- 10:59:56 From Stephanie Barrios Hepburn : That's a great idea, Joan.
- 11:00:51 From Colleen Igo : can you repost the links, i signed in late.
- 11:00:55 From Stephanie Pasternak (she/her) : Thanks David!
- 11:01:14 From Karen Denise Jones : Hope you can join us next week!