


988 Crisis Jam – Ep 117 – March 08, 2023 – Chat Transcript

- 09:58:48 From Kristen Ellis : Get your Crisis Jam tee here! *OR volunteer for the Hotseat Trivia <https://shop.hopeinc.com/Products/ProductGrid/988?r=1>
- 10:00:22 From Kristen Ellis : <https://visionaryleadership.com/meet-seth/>
- 10:00:56 From Kristen Ellis : Crisis Jam Playlist:
https://youtube.com/playlist?list=PLidjbJeaMxndwT16YI8HU3avj_4SHRjKG
- 10:01:20 From Kristen Ellis : Please download and import the following weekly iCalendar (.ics) files to your calendar system. <https://bit.ly/CrisisJamCalendar>
- 10:01:37 From Kristen Ellis : All materials, trivia, recordings, etc:
<https://talk.crisisnow.com/learningcommunity/>
- 10:02:25 From Kristen Ellis : <https://www.kff.org/other/issue-brief/taking-a-look-at-988-suicide-crisis-lifeline-implementation/>
- 10:02:33 From Kristen Ellis :
<https://www.northcarolinahealthnews.org/2023/02/28/worker-shortages-mean-hospitals-cant-admit-mental-health-patients/>
- 10:02:55 From Kristen Ellis : Law enforcement agencies must continue to be prepared to respond when safety and or crime related concerns are present.
<https://www.citinternational.org/resources/Documents/Position%20Papers/CIT%20Int%20Embedded%20Co-response%20Position%20Paper.pdf>
- 10:03:27 From David Covington : Ron's CrisisTalk interview "Mental Health Shouldn't Come in a Police Car" was the highest read the first year and he will join us as featured presenter next week!
- 10:03:52 From Stephanie Barrios Hepburn : We also go into the Utah dashboard and other public facing dashboards in today's #CrisisTalk and how we can to look to them for clues on when to turn up 988 marketing.
<https://talk.crisisnow.com/data-driven-988-marketing/>
- 10:04:25 From Stephanie Barrios Hepburn : Thanks, Seth!
- 10:04:29 From Laura Evans, She/Her, Vibrant Emotional Health : Well said Seth!
- 10:04:58 From David Covington : Discrimination
- 10:05:04 From Laura Evans, She/Her, Vibrant Emotional Health : judgement
- 10:05:07 From Tara Segura : shame, embarrassment
- 10:05:08 From Susan Kerin : It can be life-threatening.

- 10:05:11 From April Rodgers, Yaytaanak Wellness Center : Stigma reduces helping seeking behavior.
- 10:05:12 From Melissa McKee, CSG Justice Center : A barrier to getting help
- 10:05:12 From Dr. Deb Pinals -(She, Her, Hers) : unequal access
- 10:05:19 From Amy Cohen, PhD (APA) : An assumption that in some way puts me at a disadvantage.
- 10:05:23 From Dr. Deb Pinals -(She, Her, Hers) : fear of being open
- 10:05:26 From Casey Darling-Horan (York/Adams MH/IDD) : Fear - will stigma prevent me from career or public advancement
- 10:05:29 From Denise Lopez : assumptions
- 10:05:34 From Jessica Westmiller-Chandler Fire Crisis Response : stigma is unnecessary barriers.
- 10:05:40 From Leigh Ann Fitzpatrick, CSW : Happy Hump Day from Kentucky!
- 10:05:47 From Tenasha Hildebrand : There is so much stigma still and I think until we see mental health built into one's comprehensive health plan such as annual exams and dental, it will be seen as other.
- 10:06:06 From Edita Fuentes : Greetings from Edita Fuentes, of Nueces County Mental Health Programs in Corpus Christi.
- 10:06:12 From Makenzie Bayless : Misunderstanding
- 10:06:18 From CW Tillman : discrimination and failure to provide reasonable accommodations - even though the employer was a mental health advocacy organization.
- 10:07:15 From barbaraford : I am so happy to hear "Stigma" is being addressed
- 10:07:43 From Leigh Ann Fitzpatrick, CSW : Reacted to "I am so happy to hea..." with 
- 10:08:29 From Kristen Ellis : Download free pdf of Report:
<https://nap.nationalacademies.org/catalog/23442/ending-discrimination-against-people-with-mental-and-substance-use-disorders>
- 10:08:31 From Wayne Lindstrom : Instead of "stigma," shouldn't we focus on "discrimination" and make this a social justice issue?
- 10:09:53 From Laura Evans, She/Her, Vibrant Emotional Health : Thank you for acknowledging self-stigma! Sometimes we can be hard on ourselves

- 10:12:05 From Amy Watson : self stigma also includes when a person living with a mental health or behavioral health condition internalizes negative beliefs and applies it to themselves. it can impact self esteem and self-efficacy
- 10:14:36 From Edita Fuentes : As an immigrant from the Philippines at the age of 4 years old, my paternal grandparents enforced my older siblings and I to immerse ourselves in the American culture and especially the English language. Needless to say, I lost the ability to maintain my native language. Therefore, I was stigmatized as not being Filipino enough because I didn't speak the language, nor was I American/White enough because of the color of my skin.
- 10:16:16 From Ryan McClinton : Reacted to "As an immigrant from..." with ❤️
- 10:17:02 From Matthew Goldman : Check out an article I coauthored: "The Case for Severe Mental Illness as a Disparities Category" - many important policy implications to such a designation:
<https://ps.psychiatryonline.org/doi/10.1176/appi.ps.201700138>
- 10:17:05 From Meighan Haupt (NASMHPD) (she/her/hers) : Reacted to "As an immigrant from..." with ❤️
- 10:17:28 From Melissa McKee, CSG Justice Center : Reacted to "Check out an article..." with 🙌
- 10:17:32 From Ryan McClinton : I'm curious if at the Huntsman Steering Committee level, how is Cultural Competence being included and focused in on as the primary objective of Stigma is being addressed?
- 10:17:57 From Meena Dayak, McKinley Advisors : Reacted to "Check out an article..." with 🙌
- 10:18:28 From Jana (Jay-nuh) | she/they : Reacted to "I'm curious if at th..." with 📌
- 10:19:40 From Ryan McClinton : Reacted to "I'm curious if at th..." with 📌
- 10:19:40 From Kristen Ellis : seth@visionaryleadership.com
- 10:19:42 From Ryan McClinton : Removed a 📌 reaction from "I'm curious if at th..."
- 10:19:52 From Aishu Sreeni : I am a student of Public Health, I would love to work in any capacity as possible!
- 10:19:53 From Seth Kahan : seth@visionaryleadership.com
- 10:20:06 From Kristen Ellis : <https://bit.ly/TonjaMASoSfilm>
- 10:20:14 From Isha Weerasinghe : Reacted to "I'm curious if at th..." with 📌
- 10:21:20 From David Covington : "mark of disgrace" oh my

10:21:40 From Seth Kahan : Ryan, cultural competency is a work in progress. We convened a diversity group at the beginning to evaluate our leadership and processes. We received important feedback at our first summit which we have been acting on for the last 4 months. We cannot pretend to be done, but we are committed to entering into it and addressing it internally as well as in equitable implementation.

10:22:10 From Seth Kahan : Reacted to "As an immigrant from..." with ❤️

10:22:35 From Seth Kahan : Well said, Amy

10:22:51 From David Covington : "Don't mark us. Don't mock us... We want to be heard and treated well." - Tonja Myles

10:22:58 From Melissa McKee, CSG Justice Center : Reacted to ""Don't mark us. Don'..." with ❤️

10:22:58 From Laura Evans, She/Her, Vibrant Emotional Health : Reacted to ""Don't mark us. Don'..." with ❤️

10:23:05 From Meena Dayak, McKinley Advisors : Reacted to ""Don't mark us. Don'..." with ❤️

10:23:11 From Matthew Goldman : Reacted to ""Don't mark us. Don'..." with ❤️

10:23:19 From Meighan Haupt (NASMHPD) (she/her/hers) : Reacted to ""Don't mark us. Don'..." with ❤️

10:23:43 From Valerie Silecchia (she/her) Vibrant Policy : Reacted to ""Don't mark us. Don'..." with ❤️

10:23:54 From Betsy Hammar, Idaho Suicide Prevention Program : Reacted to ""Don't mark us. Don'..." with 👍

10:24:03 From Colleen Igo : Reacted to "I'm curious if at th..." with 📌

10:24:17 From Seth Kahan : Reacted to ""Don't mark us. Don'..." with 👍

10:24:18 From Seth Kahan : Reacted to ""Don't mark us. Don'..." with ❤️

10:25:16 From Ryan McClinton : Reacted to "Ryan, cultural compe..." with 💚

10:25:17 From Henrietta Spears : Reacted to ""Don't mark us. Don'..." with ❤️

10:25:24 From Seth Kahan : "I am not a disgrace. It is grace that got me here." Thankyou, Tonja!

10:25:32 From David Covington : Reacted to ""I am not a disgrace..." with ❤️

10:25:35 From Valerie Silecchia (she/her) Vibrant Policy : Reacted to ""I am not a disgrace..." with ❤️

10:25:39 From Betsy Hammar, Idaho Suicide Prevention Program : Reacted to "'I am not a disgrace..." with 🙌

10:25:39 From Melissa McKee, CSG Justice Center : Reacted to "'I am not a disgrace..." with ❤️

10:25:42 From Ashley S - Vibrant : Reacted to "'I am not a disgrace..." with 🙌

10:25:44 From Meena Dayak, McKinley Advisors : Reacted to "'I am not a disgrace..." with 🙌

10:25:49 From Seth Kahan : Reacted to "'I am not a disgrace..." with ❤️

10:25:50 From Seth Kahan : Reacted to "'I am not a disgrace..." with 🙌

10:25:50 From Amy Cohen, PhD (APA) : Reacted to "'I am not a disgrace..." with ❤️

10:25:55 From Henrietta Spears : Reacted to "'I am not a disgrace..." with ❤️

10:25:58 From Amy Cohen, PhD (APA) : Reacted to "'Don't mark us. Don'..." with ❤️

10:26:04 From Meighan Haupt (NASMHPD) (she/her/hers) : Reacted to "'I am not a disgrace..." with ❤️

10:26:17 From Abby Tausig : Reacted to "'I am not a disgrace..." with ❤️

10:26:32 From Henrietta Spears : Removed a ❤️ reaction from "'I am not a disgrace..."

10:26:34 From Henrietta Spears : Reacted to "'I am not a disgrace..." with ❤️

10:27:16 From Stephanie Pasternak (she/her) : Reacted to "'I am not a disgrace..." with ❤️

10:28:05 From Keith Lewis (he/him) : Reacted to "As an immigrant from..." with 👍

10:28:34 From David Covington : Courageous action out of grief and loss... common denominator with the other grand challenges!

10:29:05 From Susan Robinson, NC : Partnering requires openness and yes! common lens - we are more alike than different... being vulnerable in the arena with compassion and determination....

10:29:13 From David Covington : Reacted to "Partnering requires ..." with 👍

10:29:23 From Seth Kahan : Reacted to "Partnering requires ..." with 👍

10:29:29 From Kristen Ellis : samhsa.gov/find-help/988/partner-toolkit and click on "Printable Materials

10:29:51 From Kristen Ellis : <https://shop.hopeinc.com/Products/ProductGrid/988?r=1>

10:29:52 From Amy Cohen, PhD (APA) : 326 free items! Many in Spanish!

10:29:59 From Karen Denise Jones : email me to volunteer for the hotseat and get a free shirt! karen.jones@riinternational.com

10:30:01 From Kristen Ellis : <https://shop.hopeinc.com/Products/ProductGrid/988?r=1>

10:30:12 From Monica Luke (she series) : Is there a link to the events listed (Journalism in August) Didn't find that here <https://stopstigmatogether.org/events>

10:30:13 From Susan Robinson, NC : Go team Joy!!!!

10:30:27 From Susan Robinson, NC : Reacted to "Go team Joy!!!!" with ❤️

10:31:16 From David Covington : Phone a friend!

10:31:46 From Amy Cohen, PhD (APA) : The audience is always strong!

10:32:10 From Victor Armstrong : Papageno

10:32:16 From David Covington : Phone Vic!

10:32:26 From Ava Kaufmann (she/her), NASMHPD : Reacted to "Papageno" with 👍

10:32:29 From Linda Langford (she/her) : A!

10:32:30 From Sam Brinton (they/them) : Papageno for sure

10:32:41 From Susan Robinson, NC : A

10:32:42 From Jamie Sellar (He/Him) RI International : Go A Joy!

10:32:46 From John Draper : 100% Papageno

10:32:50 From Valerie Silecchia (she/her) Vibrant Policy : Definitely A

10:32:57 From Molly, 988 R&E (she/they) : yes papageno!!

10:33:01 From Kristen Ellis : https://988lifeline.org/wp-content/uploads/2021/08/Vibrant_Papageno.pdf

10:33:18 From Karen Denise Jones : wahoo! got it in one!

10:33:20 From Sam Brinton (they/them) : (As an opera singer who has performed as Papageno I recommend watching the Magic Flute)

10:33:20 From Amy Cohen, PhD (APA) : Go Joy! Go Vic!

10:33:26 From Susan McLaughlin, she/her : I thought B seemed too obvious 😂

10:33:30 From Susan Robinson, NC : Reacted to "(As an opera singer ...)" with 👍

10:33:58 From Deon : will you be emailing this recording?

10:34:05 From David Covington : Way to go JOY! And, Vic, too!

10:34:21 From Victor Armstrong : Team NC!

- 10:34:37 From Susan Robinson, NC : Reacted to "Team NC!" with ❤️
- 10:34:37 From Colleen Igo : how would we access the free items?
- 10:34:43 From Susan Robinson, NC : Reacted to "Way to go JOY! And, ..." with ❤️
- 10:34:45 From Karen Denise Jones : Recording and all materials will be available at <https://talk.crisisnow.com/learningcommunity/>
- 10:34:48 From Stephanie Mitchell Hughes : This is my first jam. I have lived with depression for over four decades with generous helpings of suicidal thought's sprinkled throughout. In 2014 I started telling my story to disrupt the stigma associated with mental illness within three communities.
- 10:35:17 From Meighan Haupt (NASMHPD) (she/her/hers) : Reacted to "This is my first jam..." with ❤️
- 10:35:24 From Joy Brunson-Nsubuga : Thanks so much for steering me in the right direction!
- 10:35:43 From Valerie Silecchia (she/her) Vibrant Policy : Reacted to "This is my first jam..." with ❤️
- 10:36:28 From Kristen Ellis : https://www.nasmhpd.org/sites/default/files/2023-01/From-Crisis-to-Care-Building-from-988-and-Beyond_NASMHPD-1.pdf
- 10:37:12 From Susan Robinson, NC : Reacted to "Thanks so much for s..." with ❤️
- 10:37:37 From Kristen Ellis : @Colleen, the free SAMHSA items are available here: samhsa.gov/find-help/988/partner-toolkit and click on "Printable Materials
- 10:38:39 From Kristen Ellis : NIH.gov link: <https://nida.nih.gov/publications/drugfacts/methamphetamine>
- 10:38:49 From Jamie Sellar (He/Him) RI International : Reacted to "This is my first jam..." with ❤️
- 10:40:08 From Betsy Hammar, Idaho Suicide Prevention Program : Reacted to "(As an opera singer ..." with 🥲
- 10:40:25 From Kristen Ellis : <https://www.quorum.us/dashboard/external/mgWzdPgJLWHohzOhdRWE/>
<https://bit.ly/NAMlcrisisdashboard>
- 10:40:30 From Turkeshia Poindexter-Mosby, MSW : Reacted to ""Don't mark us. Don'..." with ❤️
- 10:43:20 From Betsy Hammar, Idaho Suicide Prevention Program : Reacted to "This is my first jam..." with 🥲

10:43:23 From Joni Schwager : In PA it would be about 5 cents. Woefully underfunded and will not charge a fee on cell phones

10:44:11 From Caitlin Davidson : Information on SB 2149 in ND:
https://ndlegis.gov/assembly/68-2023/regular/bill-hearings/bh2149.html?bill_year=2023&bill_number=2149

10:45:10 From Suzanne Rabideau : NAMI - amazing tracking. Is there a way in the future to understand which of these bills are focused on 988 call centers alone vs supporting the crisis continuum of care.

10:45:18 From Stephanie Pasternak (she/her) : NAMI ReimagineCrisis 988 State Legislation Map for more info: <https://reimaginecrisis.org/map/>

10:45:35 From Wayne Lindstrom : Good to see you Paolo!

10:46:10 From Amy Brinkley (NASMHPD) : Thank you so much for all you do Paolo!

10:46:50 From Howard D. Trachtman WARMLINE.ORG he series : thanks for sharing paolo

10:46:54 From Stephanie Pasternak (she/her) : Replying to "NAMI - amazing track..." Great question Suzanne, if you visit our map page, in the "Appropriations" column we specify which of the 3 crisis care pillars are covered by the funding. We will also think thru how to note the same for 988 telecom fees. Thanks for the suggestion!

10:46:56 From Colleen Igo : Several years ago, York County, PA created a mental health awareness campaign called: Shine the Light on Mental Health. The purpose of the campaign is to spark conversation about mental health. We do this by lighting up our community landmarks, businesses and residential homes green. The campaign continues to grow each year. This past year we secured our local electric company, Met-Ed who lit up their building green. If anyone is interested in learning more, I am happy to share the artwork and logo we created. This is an example of what some of the buildings look like. As part of our campaign, we also offer free green lightbulbs and a yard sign that says "What does green mean"...Thanks for allowing me share. Fee free to contact if you want to learn more. Colleen Igo - cigo@yorkcountypa.gov

10:47:19 From Suzanne Rabideau : Replying to "NAMI - amazing track..." Thank you!!!

10:47:46 From Stephanie Barrios Hepburn : Thank you, Paolo.

10:48:06 From David Covington : "Care brought to us in our homes and communities... when we're safe and feel welcome" - Paolo del Vecchio

10:48:12 From Stephanie Pasternak (she/her) : Replying to <https://www.quorum.u...> Thanks for sharing Kristen! Just flagging we moved out 988 state map to our ReimagineCrisis campaign website at <https://reimaginecrisis.org/map/>

10:48:29 From Karen Denise Jones : 'when we're given hope' 🙌

10:48:39 From Donna Obermeyer, Family Alliance for Mental Health : So agree! Thanks for sharing your story.

10:48:54 From Turkesha Poindexter-Mosby, MSW : Thanks for sharing!!

10:48:57 From Meighan Haupt (NASMHPD) (she/her/hers) : Thank you Paolo!!

10:49:01 From Kelle Masten : Thank you Paolo for sharing!

10:49:04 From Lois Gillmore, Region 10 : Thank you for sharing!

10:49:05 From Kristen Ellis : Latest #CrisisTalk article: <https://talk.crisisnow.com/data-driven-988-marketing/>

10:49:07 From Amy Cohen, PhD (APA) : Along with you Paolo, we are going to do better!

10:49:08 From John Draper : Paolo, you have been inspiring and modeling excellence in recovery approaches for decades. You are AMAZING!!

10:49:13 From Nancy Aguirre , CRSA : So very glad to hear you found your footing. Thanks for sharing!

10:49:21 From Meighan Haupt (NASMHPD) (she/her/hers) : Reacted to "Paolo, you have been..." with ❤️

10:49:35 From Dr. Deb Pinals -(She, Her, Hers) : thanks for sharing your story with such an articulate voice, Paolo!

10:49:42 From Amy Brinkley (NASMHPD) : Reacted to "Paolo, you have been..." with ❤️

10:49:46 From Genna Schofield (NASMHPD) : Reacted to "Paolo, you have been..." with 👍

10:50:06 From David Covington : Thank you Paolo!!! Peer supports as a path to your own personal purpose and recovery, as well as positively impacting with care and engagement SO MANY others

10:50:10 From Karen Denise Jones : @Paolo thank you so much for joining today and sharing

10:50:36 From Linda Langford (she/her) : Reacted to "Paolo, you have been..." with ❤️

10:51:43 From Caitlin Davidson : Replying to "In PA it would be ab..." Thanks for flagging, Joni, and great to hear from you!

10:52:31 From Caitlin Davidson : Replying to "In PA it would be ab..." The proposed budget includes\$5M for one-time build out costs of the 988 system while providing sustainable future funding for the 14 suicide prevention lifeline call

centers throughout the Commonwealth by utilizing 2.75 percent of 911 surcharges on landline and mobile telephone services - rather than a separate 988 telecom fee like we've seen in some other states.

- 10:53:22 From zivaa : How can I get in touch with MR. Paol?
- 10:54:11 From Paolo del Vecchio : paolo.delvecchio@samhsa.hhs.gov
- 10:54:51 From zivaa : Mr.Paolo.
- 10:55:19 From Colleen Igo : Reacted to "This is my first jam..." with ❤️
- 10:56:00 From zivaa : Thank you.
- 10:56:53 From Stephanie Barrios Hepburn : Thank you so much, Meena!
- 10:58:26 From Kristen Ellis : Available from:
<https://onlinelibrary.wiley.com/doi/abs/10.1111/sltb.12722>
- 10:59:02 From Stephanie Barrios Hepburn : "A good national marketing strategy permeates public consciousness," said Meena Dayak. "We need that in mental health."
- 10:59:24 From Meena Dayak, McKinley Advisors : Thank you Stephanie and Laura for the opportunity to talk about the importance of marketing and growing public awareness.
- 10:59:35 From Meena Dayak, McKinley Advisors : And thank you to all on this call for the incredible work you do every day to bring hope and healing
- 10:59:39 From Kristen Ellis : Available from:
<https://www.sciencedirect.com/science/article/pii/S0749379722000034>
- 11:00:29 From Kristen Ellis : Available from:
<https://www.sciencedirect.com/science/article/pii/S074937972300034X>
- 11:00:33 From Amy Brinkley (NASMHPD) : Thank you Matt Goldman! No hard feelings for giving me the wrong data during last week's hotseat question. Haaahaaa.. ;-)
- 11:00:39 From Karen Denise Jones : Ron Bruno is our featured speaker next week and he'll talk on 'Mental Health Shouldn't Arrive in a Police Car'. Join us!
- 11:00:55 From David Covington : Great summary format for the research with VCL - thank you Dr. Goldman!!!
- 11:01:21 From Victoria Waugh-Reed, SPRC : Reacted to "Ron Bruno is our fea..." with ❤️
- 11:01:24 From Meena Dayak, McKinley Advisors : Reacted to "Ron Bruno is our fea..." with ❤️

11:02:07 From Matthew Goldman : Haha Amy!! <3

11:02:08 From Stephanie Barrios Hepburn : Great job, Laura!