

988 Crisis Jam – Ep 120 – March 29, 2023 – Chat Transcript

8:59:15 From Paul Galdys, RI International to Everyone: Welcome to the Jam Daniel!

09:01:30 From Kristen Ellis, LMFT - RI to Everyone: Access trivia, materials, and videos from past Jams:


<https://talk.crisisnow.com/learningcommunity/>

09:02:34 From Karen Denise Jones to Everyone: Want a free shirt or hoodie? Volunteer for the hotseat by emailing me at karen.jones@riinternational.com


09:02:58 From Kristen Ellis, LMFT - RI to Everyone: Shirts and swag:

<https://shop.hopeinc.com/Products/ProductGrid/988?r=1>

09:03:07 From Kristen Ellis, LMFT - RI to Everyone: SAMHSA Store: samhsa.gov/find-help/988/partner-toolkit and click on "Printable Materials"


09:03:14 From Sam Brinton to Everyone: Reacted to "Shirts and swag: htt..." with 

09:03:18 From Sam Brinton to Everyone: Reacted to "SAMHSA Store: samhsa..." with 

09:03:21 From Kristen Ellis, LMFT - RI to Everyone: UPDATE ON SAMHSA SHIPPING! I got mine delivered yesterday!! 

09:03:34 From Kristen Ellis, LMFT - RI to Everyone: Crisis Jam Playlist: <https://bit.ly/CrisisJamVideos>


09:03:38 From Chelsea Booth to Everyone: Reacted to "UPDATE ON SAMHSA SHI..." with 

09:03:51 From Kristen Ellis, LMFT - RI to Everyone: Reacted to "UPDATE ON SAMHSA SHI..." with 

09:05:08 From Kristen Ellis, LMFT - RI to Everyone: North Carolina Medicaid Expansion:

<https://www.healthcarediver.com/news/north-carolina-expand-medicaid/644088/?:%202023-03-28%20Healthcare%20Dive%20%5Bissue:49137%5D>

09:05:17 From Dennis Morrison, PhD to Everyone: Is it me or does David's profile view look like he's a disc jockey?

09:06:07 From Betsy Hammar, Idaho Suicide Prevention Program to Everyone: Reacted to "Is it me or does Dav..." with 

09:06:29 From Kristen Ellis, LMFT - RI to Everyone: Oregon Video:

https://www.oregon.gov/oha/HSD/AMH/Pages/988.aspx?utm_medium=email&utm_source=govdelivery https://www.youtube.com/watch?v=fsu_iVopPag&t=10s

09:06:33 From Sam Brinton to Everyone: Reacted to "UPDATE ON SAMHSA SHI..." with 

09:06:34 From Kristen Ellis, LMFT - RI to Everyone: Reacted to "Is it me or does Dav..." with 

09:06:48 From Kristen Ellis, LMFT - RI to Everyone: Friday, last week. Sen. Catherine Cortez Masto from Nevada speaking with HHS Secretary Xavier Becerra <https://www.c-span.org/video/?c5064215/user-clip-real-988>

09:06:52 From Sam Brinton to Everyone: Reacted to "Friday, last week. S..." with ❤️

09:07:02 From Victor Armstrong to Everyone: Reacted to "Is it me or does Dav..." with 😊

09:07:09 From Susan Robinson, NC to Everyone: Reacted to "Friday, last week. S..." with ❤️

09:07:26 From Susan Robinson, NC to Everyone: Reacted to "North Carolina Medic..." with ❤️

09:07:39 From iPhone to Everyone: So grateful to Senator Cortez-Masto

09:07:40 From Joni Schwager to Everyone: An out of order question: does anyone know how to find the cost of care/ROI for Crisis/988?

09:07:56 From Paul Galdys, RI International to Everyone: Senator Cortez Masto has demonstrated remarkable leadership in advancing crisis care... very grateful for her efforts!

09:08:00 From Sam Brinton to Everyone: Great question and great answer. Human capital needs.

09:08:39 From Amy Brinkley (NASMHPD) to Everyone: Reacted to "Is it me or does Dav..." with 🤔

09:09:14 From Terrence Smithers to Everyone: Reacted to "Great question and g..." with 👍

09:09:23 From Terrence Smithers to Everyone: Reacted to "Senator Cortez Masto..." with 👍

09:09:39 From Terrence Smithers to Everyone: Reacted to "Friday, last week. S..." with ❤️

09:09:39 From Susan Robinson, NC to Everyone: Reacted to "So grateful to Senat..." with ❤️

09:09:56 From Krista Hausermann to Everyone: Does anyone have a link to this research?

09:11:20 From Paul Galdys, RI International to Everyone: Richard will always be my lifeline for the hot seat. Well done!

09:11:58 From David to Everyone: U-Care-You ... I've been pronouncing it wrong! It's perfect

09:12:59 From Dr. Deb Pinals -(She, Her, Hers) to Everyone: Great question and great point...stay tuned also for a forthcoming paper from NASMHPD on medical approaches to crisis on the 2023 technical assistance series...which will tie in some of this information!!! Coming this summer...

09:13:10 From Brandon Wilcox to Everyone: Sounds right. Almost the same training package when I started direct care

09:14:49 From David to Everyone: <https://escholarship.org/uc/item/2hk4932c>

09:14:57 From Luke Waggoner (he/him), WA HCA to Everyone: Sounds about right! First BH job for me was in a forensic psychiatric hospital for adolescent males in TN in 2000. I was 24 and still in college. Biggest part of training was on physical restraint.

09:14:58 From David to Everyone: Link to the NUBE Abstract

09:15:05 From Jess Spohn (they/them) to Everyone: Reacted to "U-Care-You ... I've be..." with 😊

09:15:37 From Ellen Harwell to Everyone: Similar experience in direct care. Started in direct care when I was 18 years old. I had no idea in my state you had to be 21 years of age to even work there. I quit when I was 20. They later had their license pulled.

09:16:59 From April Rodgers, Yaytaanak Wellness Center to Everyone: Age 21, in 1976, Mt Airy Psychiatric Hospital restraint was the norm.

09:17:28 From Dr. Deb Pinals -(She, Her, Hers) to Everyone: Hey, same with me as a young psychiatrist in training...I didn't know there was another way other than ordering restraints so many times...this culture change has come from experience, learning and listening to others and partnership- takes all folks rowing in the same direction and we need to do more...

09:17:52 From David to Everyone: Just great!

09:18:05 From Laurie Hintz to Everyone: Wow. Makes me value my mentor back in the '90's even more. Didn't realize how revolutionary she was then. "If you restrain, you've failed."

09:19:03 From Terrence Smithers to Everyone: Same as many. I was taken aback when I was told in school to be sure I had an escape route in my office

09:19:23 From Howard D. Trachtman WARMLINE.ORG he series to Everyone: I have been restrained really horrible www.restraintfreeworld.org hdt@mbrlc.org 781 642 0368

09:19:35 From Terrence Smithers to Everyone: Reacted to "I have been restrain..." with 👍

09:21:10 From Howard D. Trachtman WARMLINE.ORG he series to Everyone: kevin huckshorn when at nasmpd did 6 core strategies an evidence based practice

09:21:17 From Dr. Deb Pinals -(She, Her, Hers) to Everyone: yes, it takes asking questions, like "How can I do things differently?"-my mentors helped with this- and Kim is right- soften, not harden...

09:21:24 From Terrence Smithers to Everyone: Reacted to "yes, it takes asking..." with 👍

09:21:35 From Howard D. Trachtman WARMLINE.ORG he series to Everyone: great work on minimizing restraints

09:22:36 From David to Everyone: <https://bit.ly/UkeruSafeClinch>

09:22:44 From Paul Galdys, RI International to Everyone: Reacted to "kevin huckshorn when..." with 👍

09:22:59 From Luke Waggoner (he/him), WA HCA to Everyone: Our state prisons need to incorporate this knowledge as well into their treatment of those experiencing acute BH crises.

09:23:01 From Donna Obermeyer, Family Alliance for Mental Health to Everyone: Thanks

09:23:03 From Jeanne Tuono, R3 SAMHSA to Everyone: WOW!

09:23:08 From Terrence Smithers to Everyone: Thank you Kim!!!!

09:23:09 From Betsy Hammar, Idaho Suicide Prevention Program to Everyone: Reacted to "Our state prisons ne..." with 👍

09:23:09 From Susan Robinson, NC to Everyone: Yes, Kim...

09:23:14 From Raina Cole to Everyone: Reacted to "Our state prisons ne..." with 👍

09:23:16 From Paul Galdys, RI International to Everyone: Amazing impact Kim!

09:23:16 From Betsy Hammar, Idaho Suicide Prevention Program to Everyone: Woot woot, Winchester, VA!

09:23:19 From Julie Wilhelm (she/her) to Everyone: Terrific work!

09:23:20 From Donna Obermeyer, Family Alliance for Mental Health to Everyone: Amazing work!

09:23:21 From Terrence Smithers to Everyone: Reacted to "Our state prisons ne..." with 👍

09:23:28 From Susan McLaughlin, she/her to Everyone: very exciting to hear! Thank you for sharing

09:23:35 From Courtney Sheehan, LPC (she/her) to Everyone: Yes. Thank you!!

09:23:36 From Terrence Smithers to Everyone: Replying to "Our state prisons ne..." Big time!! Well said, thanks

09:23:41 From Rosa Ramirez to Everyone: Thank you Kim, That was amazing! Thank you for sharing.

09:23:48 From Evonne Hawe to Everyone: having been attacked with life threatening injuries working at a psychiatric hospital and 3 other staff injured, it is hard to believe that being restraint free can happen and still hold patients accountable for their behaviors.

09:23:52 From Dennis Morrison, PhD to Everyone: Great job Kim

09:23:59 From Susan Robinson, NC to Everyone: Reacted to "Our state prisons ne..." with 👍

09:24:14 From Terrence Smithers to Everyone: Reacted to "Great job Kim" with 👍

09:24:14 From Susan Robinson, NC to Everyone: Reacted to "Great job Kim" with 👍

09:24:24 From Susan Robinson, NC to Everyone: Reacted to "Amazing impact Kim!" with 👍

09:24:25 From Olivia Denkinger to Everyone: Reacted to "Our state prisons ne..." with 👍

09:24:40 From Howard D. Trachtman WARMLINE.ORG he series to Everyone: as restraints go down assaults on staff go down too

09:24:49 From Susan Robinson, NC to Everyone: Reacted to "as restraints go do..." with ❤️

09:25:01 From Brandon Wilcox to Everyone: Reacted to "as restraints go do..." with ❤️

09:25:01 From Terrence Smithers to Everyone: Reacted to "as restraints go do..." with ❤️

09:25:17 From Susan Robinson, NC to Everyone: Reacted to "kevin huckshorn when..." with ❤️

09:25:22 From Kristen Ellis, LMFT - RI to Everyone: Reacted to "as restraints go do..." with ❤️

09:26:09 From Stephanie Pasternak (she/her) to Everyone: Reacted to "as restraints go do..." with ❤️

09:26:45 From Stephanie Barrios Hepburn to Everyone: Kim Sanders on Developing Ukeru Systems to Eliminate Seclusion and Restraint: <https://talk.crisisnow.com/ukeru-systems>

09:26:51 From Amy Brinkley (NASMHPD) to Everyone: Reacted to "as restraints go do..." with 👍

09:26:57 From Kristen Ellis, LMFT - RI to Everyone: Reacted to "Kim Sanders on Devel..." with 🤔

09:27:56 From Donna Obermeyer, Family Alliance for Mental Health to Everyone: I wish our emergency rooms could do this.

09:28:10 From Luke Waggoner (he/him), WA HCA to Everyone: Reacted to "I wish our emergency..." with 👍

09:28:13 From Terrence Smithers to Everyone: Replying to "Kim Sanders on Devel..." Thanks Stephanie 😊+

09:28:21 From Kristen Ellis, LMFT - RI to Everyone: Check out the Moving America's Soul on Suicide episode featuring Tonja: <https://bit.ly/TonjaMASoSfilm>

09:28:28 From Kristen Ellis, LMFT - RI to Everyone: Reacted to "I wish our emergency..." with 👍

09:28:34 From Paul Galdys, RI International to Everyone: 4% is much improved and driving to the goal of zero... and it should be noted that 85% of individuals served in that facility arrived in the back of a police car.

09:28:45 From Stephanie Barrios Hepburn to Everyone: Reacted to "Thanks Stephanie 😊+" with ❤️

09:28:48 From Terrence Smithers to Everyone: Reacted to "4% is much improved ..." with 👍

09:28:51 From Olivia Denkinger to Everyone: Reacted to "4% is much improved ..." with 👍

09:28:55 From Susan Robinson, NC to Everyone: Reacted to "4% is much improved ..." with 👍

09:29:16 From Michael Riddle to Everyone: Ukeru helps us avoid restrictive interventions all together for the majority of the guests we serve. SafeClinch is our backup when we haven't been successful with our efforts to calm and engage the struggle guest without injuring them. We have had much success with that as well.

09:29:21 From Luke Waggoner (he/him), WA HCA to Everyone: Yes Tonja! I witnessed so much physical restraint used with folks in BH crisis when I worked in a state prison.

09:29:41 From kate dahlstrom- NAMI-GT, MI to Everyone: Are jail and prison corrections officers getting this training?

09:29:42 From Jess Stohlmann-Rainey to Everyone: I have spent a lot of time in seclusion and restraint. I think it is good to explore other options for interactions, but I wonder how much of this could be resolved by not treating people involuntarily at all

09:30:07 From Donna Obermeyer, Family Alliance for Mental Health to Everyone: Reacted to "I have spent a lot o..." with 👍

09:30:24 From Jess Stohlmann-Rainey to Everyone: It seems like a band aid instead of solving the problem

09:32:03 From Jess Stohlmann-Rainey to Everyone: The idea that safety gets to be defined by the workers and not the people seeking care (or being forced treated) creates a power dynamic that isn't supportive of healing

09:32:20 From Brianna Green (she/her) to Everyone: Reacted to "The idea that safety..." with 🍷

09:32:21 From Terrence Smithers to Everyone: Thanks Tonja and DR. Mike!

09:32:28 From Andrew Guy | AHP | He/Him to Everyone: Reacted to "The idea that safety..." with ❤️

09:32:37 From Olivia Denkinger to Everyone: Reacted to "The idea that safety..." with 👍

09:33:13 From Victor Armstrong to Everyone: Be sure to check out the latest installment of the Strong Talk podcast where my guest is the lovely and talented Shelby Rowe. @StrongTalkpod

09:33:21 From Kim Sanders to Everyone: We found that by giving the staff a way to keep themselves and others safer we were able to decrease crisis situations. This also bought us time to get our staff back to being behavior detectives. We basically had to earn their trust back and show them we cared. As a result they are now in a better frame of mind to get to the "why" of the behavior.

09:33:22 From Amy Brinkley (NASMHPD) to Everyone: Reacted to "Be sure to check out..." with ❤️

09:33:50 From Kristen Ellis, LMFT - RI to Everyone: Reacted to "Be sure to check out..." with ❤️

09:33:57 From Paul Galdys, RI International to Everyone: Appreciate all of these efforts to offer care that feels like care to those experiencing a crisis... we have to move away from seclusion and restraint whenever possible without simply saying "no" to those with acute needs because we know restrictive intervention will follow those in the justice system and hospital EDs.

09:34:11 From Susan Robinson, NC to Everyone: Reacted to "Appreciate all of th..." with 👍

09:34:23 From Jess Spohn (they/them) to Everyone: Reacted to "as restraints go do..." with ❤️

09:34:25 From Paul Galdys, RI International to Everyone: Reacted to "Be sure to check out..." with 👍

09:34:31 From Susan Robinson, NC to Everyone: Reacted to "Thanks Tonja and DR..." with ❤️

09:34:40 From Terrence Smithers to Everyone: Reacted to "Appreciate all of th..." with 👍

09:34:44 From Tonja Myles to Everyone: When I was restrained, they told me it was out of precaution since I was a vet and military police. Really???! SMH still.

09:34:58 From Terrence Smithers to Everyone: Reacted to "When I was restraine..." with 😬

09:35:08 From Kristen Ellis, LMFT - RI to Everyone: NASMHPD's Center for Innovation in Health Policy and Practice Page – <https://www.nasmhpd.org/content/nasmhpd-center-innovation-health-policy-and-practice>

TIC Videos & Webinars Page – <https://www.nasmhpd.org/content/tic-videos-and-webinars>

09:35:13 From Stephanie Barrios Hepburn to Everyone: Oh, I love the sweatshirt!

09:35:32 From Paul Galdys, RI International to Everyone: I want a sweatshirt!

09:35:37 From Donna Obermeyer, Family Alliance for Mental Health to Everyone: Could someone please spell out the name of the training for reducing restraint and isolation. Sounds like an acronym. Thanks

09:35:45 From Kristen Ellis, LMFT - RI to Everyone: NASMHPD Report: Report: https://www.nri-inc.org/media/4dzhgyv1/peer-specialists_final.pdf

09:36:07 From Stephanie Barrios Hepburn to Everyone: Replying to "When I was restrained..." That's absurd and distressing, Tonja!

09:36:10 From Kristen Ellis, LMFT - RI to Everyone: Replying to "Could someone please..." Ukeru. It's the Japanese word for "To Receive"

09:36:22 From Donna Obermeyer, Family Alliance for Mental Health to Everyone: Replying to "Could someone please..." Thanks!

09:36:26 From Kristen Ellis, LMFT - RI to Everyone: Reacted to "Thanks!" with 👍

09:36:26 From Steve Hamerdinger to Everyone: Replying to "Could someone please..." <https://www.ukerusystems.com/>

09:36:27 From Stephanie Barrios Hepburn to Everyone: Reacted to "When I was restraine..." with 😬

09:36:32 From Glenn Simpson to Everyone: Anyone have PSS min and max wage scales?

09:36:51 From Dr. Deb Pinals -(She, Her, Hers) to Everyone: Yeah Amy and Justin!

09:37:17 From kate dahlstrom- NAMI-GT, MI to Everyone: SAMHSA released their peer certification study and recommendations.

09:37:41 From Gary McGinnis-Connections Health Solutions to Everyone: Reacted to "SAMHSA released thei..." with 👍

09:38:19 From Kelle Masten to Everyone: Thank you for highlighting the TA Coalition Recovery webinars, Amy!!!

09:38:26 From Raina Cole to Everyone: In Sacramento County, we have implemented Peers in most of our Crisis services and it has been going well

09:38:36 From Brandon Wilcox to Everyone: Reacted to "In Sacramento County..." with ❤️

09:38:41 From Susan Robinson, NC to Everyone: Reacted to "In Sacramento County..." with 👍

09:38:42 From Raina Cole to Everyone: Sacramento County, CA

09:39:30 From Amy Brinkley (NASMHPD) to Everyone: Reacted to "Thank you for highli..." with ❤️

09:39:45 From Daniel Rammel to Everyone: where can I look up the RI training? Run a Peer Lead Drop-in-Center

09:40:17 From Aaron Foster to Everyone: RI delivers Crisis Trainings for Peers in Illinois, Virginia and California - and to any others that want to join. <https://riinternational.arlo.co/w/upcoming/cat-2-consulting-and-crisis-now-academy/>

09:40:28 From Daniel Rammel to Everyone: Daniel Rammel RPRS drammel2rrcsb.org

09:40:32 From Terrence Smithers to Everyone: Reacted to "RI delivers Crisis T..." with 👍

09:40:33 From Stephanie Barrios Hepburn to Everyone: Tony Sanchez Says States Must Eliminate Peer Support Specialist Employment Barriers: <https://talk.crisisnow.com/tony-sanchez-says-states-must-eliminate-peer-support-specialist-employment-barriers/>

09:40:39 From Kristen Ellis, LMFT - RI to Everyone: Reacted to "RI delivers Crisis T..." with 👍

09:40:45 From Amy Brinkley (NASMHPD) to Everyone: Reacted to "Tony Sanchez Says St..." with ❤️

09:44:09 From Kristen Ellis, LMFT - RI to Everyone: <https://reimaginecrisis.org/>

09:45:21 From Stephanie Pasternak (she/her) to Everyone: TX bill: <https://capitol.texas.gov/tlodocs/88R/billtext/pdf/SB02452I.pdf>

09:47:02 From Caitlin Davidson to Everyone: PA Bill: <https://www.legis.state.pa.us/cfdocs/legis/PN/Public/btCheck.cfm?txtType=PDF&sessYr=2023&sessInd=0&billBody=H&billTyp=B&billNbr=0585&pn=0559>

09:47:07 From Stephanie Barrios Hepburn to Everyone: Reacted to "TX bill: https://cap..." with 👍

09:47:56 From Terrence Smithers to Everyone: Reacted to "PA Bill: https://www..." with 👍

09:48:17 From Terrence Smithers to Everyone: Replying to "PA Bill: <https://www...>" Good to see. Thanks Caitlin

09:48:30 From Stephanie Barrios Hepburn to Everyone: Reacted to "PA Bill: https://www..." with 👍

09:50:23 From Karen Denise Jones to Everyone: Arizona Health Care Cost Containment (AHCCCS) FAQs <https://www.azahcccs.gov/BehavioralHealth/Downloads/CrisisProviderFAQ.pdf>

09:51:12 From Karen Denise Jones to Everyone: Assumptions for VA market-based provider fees for crisis services <https://www.dmas.virginia.gov/media/1411/rate-study-assumptions-for-enhanced-crisis-services.pdf>

09:51:37 From Susan McLaughlin, she/her to Everyone: super grateful for these finance resources! Thank you

09:51:50 From Paul Galdys, RI International to Everyone: Thanks Tom!

09:53:22 From David to Everyone: Living in the Age of Stuck!

09:53:37 From Susan Robinson, NC to Everyone: Reacted to "super grateful for t..." with 👍

09:55:55 From Kristen Ellis, LMFT - RI to Everyone: #CrisisTalk Article: <https://talk.crisisnow.com/australia-suicide-prevention/>

09:56:00 From Stephanie Barrios Hepburn to Everyone: Australia's Unique and Rare Opportunity for Suicide Prevention: <https://talk.crisisnow.com/australia-suicide-prevention>

10:00:21 From Kristen Ellis, LMFT - RI to Everyone: <https://youtu.be/BNLBckpgNZA> and <https://masofilm.com/>

10:00:23 From Stephanie Barrios Hepburn to Everyone: Thanks, Sue! Great article!

10:00:36 From Donna Obermeyer, Family Alliance for Mental Health to Everyone: Replying to "When I was restraine..." Being stripped of all belongings and placed in isolation is routine in our Eds.