

988 Lifeline Evaluation To Date

The 988 Suicide & Crisis Lifeline, formerly known as the National Suicide Prevention Lifeline, helps thousands of people overcome crisis situations every day.

Proven to work – Our research has shown that after speaking with a trained 988 Lifeline crisis counselor, most callers are significantly more likely to feel:

- less depressed
- less suicidal
- less overwhelmed
- more hopeful





More people are getting connected to care than ever before

- The 988 Suicide & Crisis Lifeline has received more than 2.1 million contacts (calls, texts, and chats) from July to December 2022.
- Compared to the same 6-month timeframe in 2021, the 988 Lifeline answered about **892,000** more contacts and significantly improved how quickly contacts were answered.
- Calls answered increased by 43%, chats increased by 224%, and texts increased by 1145%.
- The average speed to answer across all contacts decreased from 2 minutes and 46 seconds to 49 seconds.



988 Communications Research



Establish body of formative research on knowledge, attitudes, and beliefs among populations at higher risk of suicide about: suicide prevention and mental health, use of the 988 Lifeline/other help-seeking behaviors, motivating factors and barriers to help-seeking, and identifying social influencers/trusted messengers.

- Phase 1 Kick-off Meeting: September 26, 2022
- Coordinating Partners: Action Alliance, Suicide Prevention Resource Center, and the Ad Council
- Target End Date: Summer 2023, publish audience-specific research findings and toolkits
- Methodologies:
 - Landscape review complete
 - SME interviews (6 total) complete
 - Qualitative research in-depth interviews (60 10/each audience group) complete
 - Quantitative research online surveys (up to 4,000) beginning Feb 2023
- Initial Populations at Higher Risk of Suicide:
- American Indian and Alaska Native youth and young adults (ages 13–34)
 - Black youth and young adults (ages 13–34)
 - Hispanic youth and young adults (ages 13–34)
 - o Individuals who have attempted suicide or experienced serious thoughts of suicide during their lifetime (ages 18+)
 - LGBTQI+ youth and adults (ages 13–49)
 - Rural older men (ages 49+)
- Phase 2 Formative Research: Late Summer/Early Fall 2023
 - Building from Phase 1, Phase 2 will include additional at-risk populations and identified social influencers/trusted messengers



