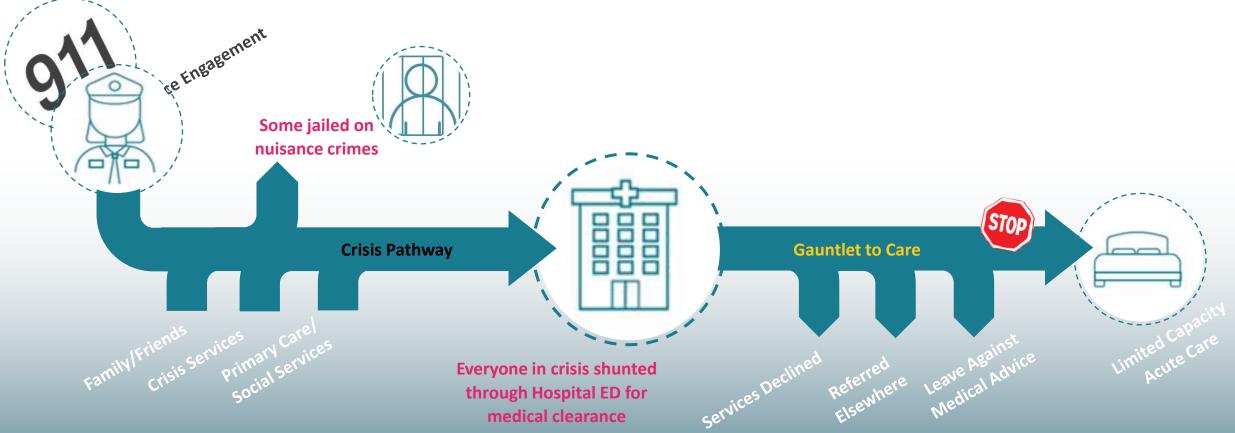


MEDICAL ROLE IN CRISIS CARE

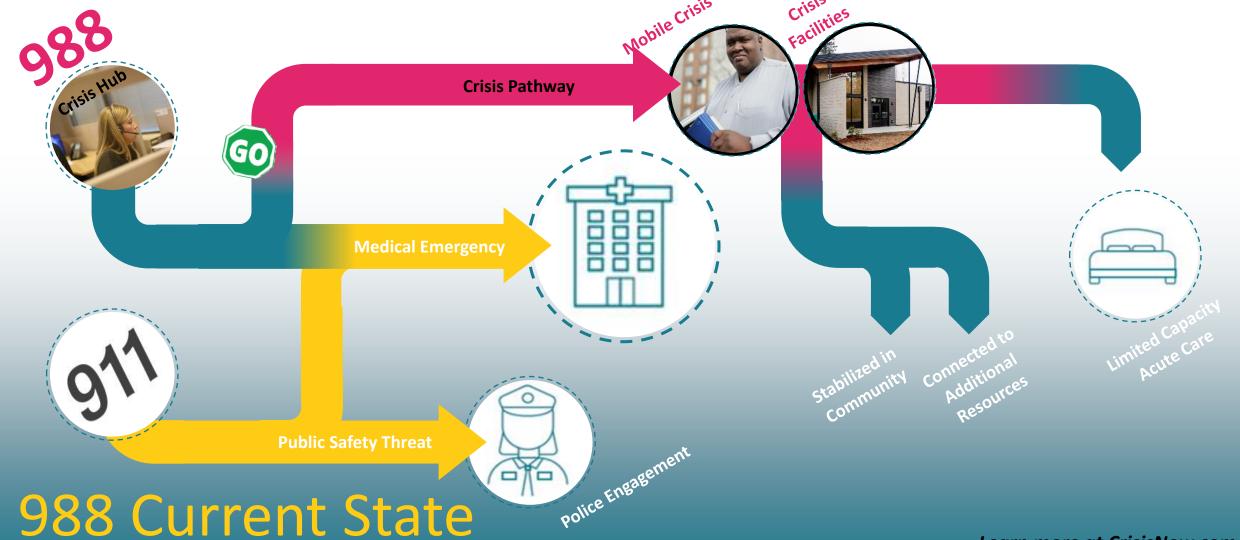
The Crisis Now Difference





The Crisis Now Difference





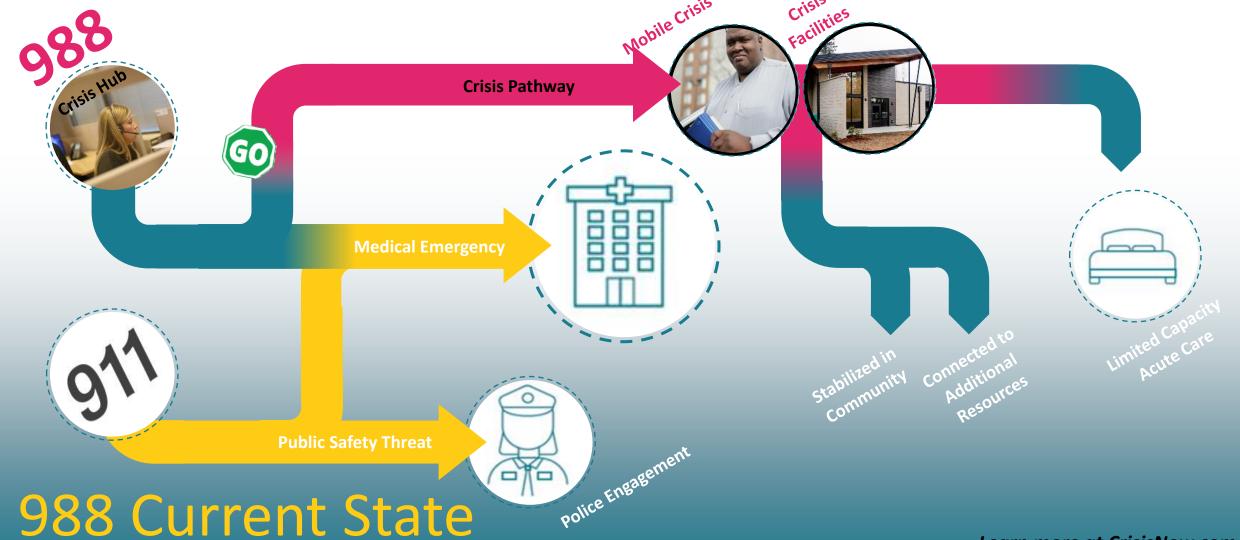
Niche/ Boutique

VS.

Core
Crisis Care
(Everyone)

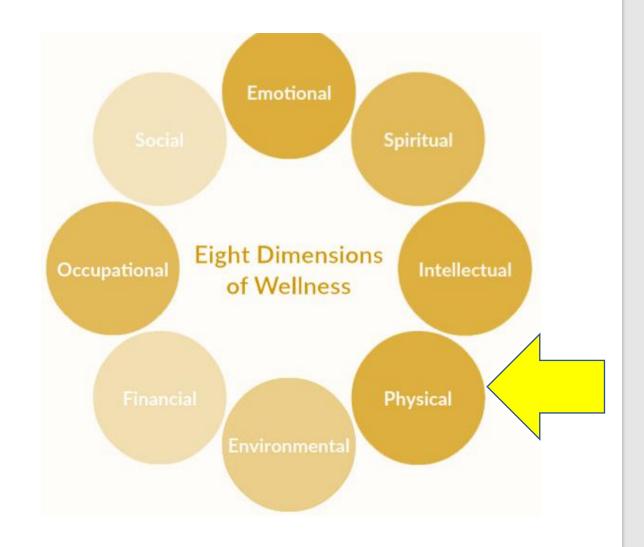
The Crisis Now Difference





Whole Person Wellness

Remembering to work with the individual regarding all eight dimensions of wellness.



"MEDICAL CLEARANCE" IN BEHAVIORAL HEALTH CRISIS CONTEXTS

Debra A. Pinals, M.D.

Senior Medical and Forensic Adviser, NASMHPD

Medical Director, Behavioral Health and Forensic Programs, Michigan Department of Health and Human Services

WHAT IS MEDICAL CLEARANCE?

- Debates on what is necessary and sufficient
- People with SMI are at risk of medical conditions being underrecognized and under treated
- People going into psychiatric hospitals are at risk

MEDICAL CLEARANCE: THE MICHIGAN EXPERIENCE

- -stakeholder discussion about psychiatric access
- -multiple barriers identified, including debates about medical clearance
- -project planning took place with emergency medicine, psychiatric and other multidisciplinary input
- -development of the MI-SMART protocol

MPCIP Michigan Psychiatric Care Improvement Project





MPCIP

Please see the most recent edition of the Michigan Behavioral Health Crisis System Update: 06.2023 MI BHCS Update

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MDHHS MPCIP Page National Suicide Prevention Lifeline 9-8-8 MI-SMART Psychiatric Medical Clearance Michigan Care Access Referral Exchange Contact

Overview

In 2017, Michigan Department of Health and Human Services (MDHHS) convened the Michigan Inpatient Psychiatric Admissions Discussion workgroup (MIPAD). They studied and generated recommendations to address access issues around psychiatric hospitalization.

MDHHS, along with its community partners, is in the process of implementing many of these recommendations through the Michigan Psychiatric Care Improvement Project (MPCIP). These projects include: Michigan Crisis and Access Line (MiCAL), Medical Clearance Algorithm (MI-SMART), Behavioral Health Treatment Registry, and Psychiatric Residential Treatment Facilities.

There is recognition that each of these initiatives on its own will not solve this multi-faceted complex issue, but together they can have a positive impact.

Visit the Michigan Department of Health and Human Services' page <u>here</u> for more details about Michigan Psychiatric Care Improvement Project.

MPCIP MDHHS MPCIP Page Contact

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MI-SMART Psychiatric Medical Clearance

Menu

Feedback

MDHHS MPCIP Page MI-SMART Psychiatric Medical Clearance Statewide Rollout Implementation Toolkit HII Score Advisory Work Group MI-SMART is an effective, standardized tool for determining medical stability for patients with a psychiatric crisis in emergency contexts. Benefits can include improved patient care and more efficient care coordination.

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MI-SMART Form Overview

The following video is an overview of the MI-SMART Form. If you are interested in learning more about how your facility can implement the MI-SMART Form, please contact us at MPCIP-support@mphi.org.



The Purpose of the MI-SMART Initiative

The MI-MARII form is a tool to help providers from behavioral health, including community mental health, emergency medicine, and impatient psychiatry work harmonicusly together and best serve the patient's needs.



"Adopting and implementing MI-SMART Psychiatric Medical Clearance criteria at Common Ground has improved patient care and efficient condination between our stabilization unit, emergency departments, and inpatient psychiatric hospitals. The MI-SMART form provides us a tool that allows for needed communication between providers regarding an individual's crisis needs, focusing an the individual's cause needs instead of non-pertinent treatment. The positive results of implementing MI-SMART criteria have been tangible and have made a significant difference in simplifying and standardzing the medical clearance process."

Allison Boggess, RN, Program Director

MI-SMART PROTOCOL

Sending Entity	(Insert Lago Here)

Patient's Name:	
U.R.#	D.O.B

MI-SMART Form

The workgroup developed the following guide for the assessment of patients presenting to the emergency department with psychiatric symptoms to determine the patient is medically stable and appropriate for transfer out of the emergency department to further psychiatric care. This guide is primarily intended for use in the medical assessment of patients who are age 12 or older.

No changes to this form are permitted.

Please make suggestions for form changes at: www.mpcip.org/mpcip/contact/

	Description of Medical Clearance Status
Status	Description
Green	All responses to Part 1 of Medical Clearance Guide are negative. The individual is considered medically stable for inpatient psychiatric admission without need for additional diagnostic studies.
Yellow	There are one or more positive findings to Part 1 and/or Part 2 of the Medical Clearance Guide, and the individual is determined to be medically stable for inpatient psychiatric admission based on the clinician's medical assessment with or without further diagnostic studies as medically indicated by the transferring clinician. The clinician is responsible for explaining all Part 1 and 2 abnormalities in Part 3 of the guide. Individuals with this status may have acute, chronic, or acute on chronic medical conditions but would otherwise be considered appropriate for discharge from the emergency department.
Red	This status is for patients <u>who meet criteria for medical admission</u> . The transfer of this individual to an inpatient psychiatric facility is inappropriate until the individual's underlying medical condition has been adequately treated. These patients include, but are not limited to:
0	Individuals with clinically unstable vital signs. Individuals who have experienced a drug overdose and are in need of medical monitoring and/or treatment (consistent with poison control consultation). Individuals who acutely require supplemental oxygen. Individuals who require intravenous fluids and/or medications. Individuals with other similar acute or acute exacerbations of chronic conditions.

Instructions for the Form

The clinician should enter the patient's demographic information and complete the Part 1 screen. Patients with negative findings ("No" selected for each item in Part 1) are considered medically stable and do not require further medical workup prior to inpatient psychiatric admission: the clinician should proceed to Part 4 and complete the attestation. Any positive finding ("Yes" selected in Part 1) <u>may</u> warrant further diagnostic studies (Part 2), and the clinician should proceed to Part 2. Any positive findings from Part 1 or Part 2 <u>require</u> a clinician explanation (Part 3) regarding the abnormal finding, the clinical significance, and the disposition plan before completing the attestation in Part 4. Please report any urgent technical issues to: www.surveymonkey.com/r/SZNZN.N.N

Page 1 Version 4	Barcode Here
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Sending Entity	(Insert Logo Here)
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Patient's Name:		
U.R.#	D.O.B.	

Part 1(t	MI-SMART Form o) Adopted from the Sierra Sacramento Valley Medical Society SMART Project	No*	Yes	Time Resolved
Suspe	ct New Onset Psychiatric Condition?			
Medica	al Conditions that Require Screening?	2		
	Diabetes (FSBS less than 60 or greater than 250)			
	Possibilityofpregnancy(age 12-50)			
	Other complaints that require screening			
Abnor	mal:	3		
Vital	Signs?			
	Temp: greater than 38.0°C (100.4°F)			
	HR: less than 50 or greater than 110			
	BP: less than 100 systolic or greater than 180/110 (2 consecutive readings 15 min			
	apart)			
	RR: less than 8 or greater than 22			
	O ₂ Sat: less than 95% on room air al Status?			
	Cannot answer name, month/year and location (minimum A/O x 3)			
	If clinically intoxicated, HII score 4 or more? (next page)		-	
	ical Exam (unclothed)?		-	
,	Presentation?	4		
•	Age less than 12 or greater than 55			N/A
	Possibility of ingestion (screen all suicidal patients)			N/A
	Eating disorders		-	
	Potential for alcohol withdrawal (daily use equal to or greater than 2 weeks)		-	
	Ill-appearing, significant injury, prolonged struggle or "found down"			
Theran	peutic Levels Needed?	5		
	Phenytoin			
	Valproic acid			
	Lithium			
	Digoxin			
1	Warfarin (INR)			

"If ALL five SMART categories are checked "NO" then the patient is considered medically cleared and no testing is indicate	ed
If ANY category is checked "YES" then appropriate testing and/or documentation of rationale must be reflected in	the
medical record and time resolved must be documented above	

Date:	Time:	Completed by: _		
			Signature	Print

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Bending Entity (Insert Logo Here)

Patient's Name:		
U.R.#	D.O.B.	

	Part 2: Additional Diagnostic Studies (When Clinically Indicated)					
Ordered	Abnormal*	Laboratory Study	Ordered	Abnormal*	Diagnostic	Detail
□ Yes	□ Yes	CBC	□ Yes	☐ Yes	X-Ray	[Body Part]
□ Yes	☐ Yes	CMP	☐ Yes	☐ Yes	CT/CTA	[Body Part]
□ Yes	☐ Yes	Urinalysis	□ Yes	□ Yes	MRI/MRA	[Body Part]
□ Yes	☐ Yes	Urine Culture	□ Yes	☐ Yes	Ultrasound	[Body Part]
□ Yes	☐ Yes	Urine Drug Screen	□ Yes	□ Yes	EKG	[QTC Value]
□ Yes	□ Yes	Urine Pregnancy	Ordered	Abnormal*	Diagnostic	Detail
□ Yes	□ Yes	Beta hCG	□ Yes	☐ Yes	[Name]	[Detail]
□ Yes	□ Yes	BAL	□ Yes	☐ Yes	[Name]	[Detail]
□ Yes	☐ Yes	Liver Function Test	□ Yes	□ Yes	[Name]	[Detail]
□ Yes	☐ Yes	Ammonia	□ Yes	☐ Yes	[Name]	[Detail]
□ Yes	□ Yes	TSH	□ Yes	☐ Yes	[Name]	[Detail]
□ Yes	☐ Yes	Acetaminophen	□ Yes	☐ Yes	[Name]	[Detail]
□ Yes	□ Yes	Salicylate	□ Yes	☐ Yes	[Name]	[Detail]
□ Yes	□ Yes	Valproic Acid	□ Yes	☐ Yes	[Name]	[Detail]
☐ Yes	☐ Yes	Lithium	☐ Yes	☐ Yes	[Name]	[Detail]
□ Yes	□ Yes	Phenytoin	□ Yes	☐ Yes	[Name]	[Detail]
□ Yes	□ Yes	Troponin	☐ Yes	☐ Yes	[Name]	[Detail]
□ Yes	□ Yes	CPK Levels	□ Yes	□ Yes	[Name]	[Detail]
□ Yes	☐ Yes	ABG	□ Yes	☐ Yes	[Name]	[Detail]

*Clinically Significant Abnormality

Part 3: Medical Clearance Explanation/Plan (Required for Positive Part 1 and Part 2 Findings)
See additional documentation in emergency department medical record

	Part 4: Medical Clearance Attestation			
This individual	has undergone an emergency department m	edical screening	evaluation and has been determined to be	
appropriate fo	ppropriate for inpatient psychiatric hospitalization. There is no indication for non-psychiatric hospitalization at this			
time. If there is	s a change in the individual's condition, further	r medical evaluati	on may be indicated.	
Name		Organization		
Signature		Date and Time		

Please report any technical issues about form to www.surveymonkey.com/r/SZNZNJN

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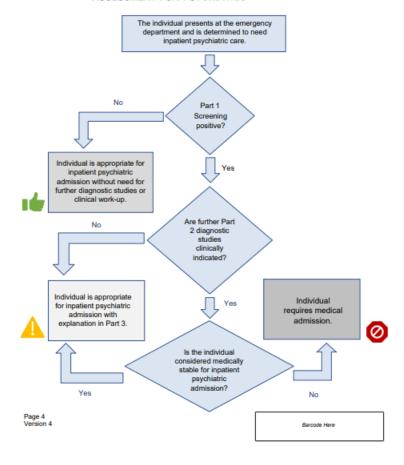


Implementation:

- Regular meetings with end users
- Engagement of practitioners
- Opportunity for feedback
- Adoption at various sites
- Tracking adoption

Sending Entity	(Insert Logo Here)
Entity	(Maeri Lugo Here)

DIAGRAM OF THE WORKFLOW FOR THE MEDICAL ASSESSMENT FOR PSYCHIATRIC ADMISSION





The Future in Medical Crisis Care?



QUESTIONS?

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Debra.Pinals@nasmhpd.org

Email:

Charles.Browning@riinternational.com