09:00:54 From Marie Eddy : Youth advocates call for accountability for social media <u>https://spectrumnews1.com/ca/la-west/inside-the-issues/2023/05/25/social-media-and-children--why-youth-advocates-are-calling-for-accountability--</u>

09:01:11 From Marie Eddy : Sophie Szew Instagram <u>https://www.instagram.com/sophie_szew/</u>

09:01:36 From Marie Eddy : President Joe Biden's Instagramhttps://www.instagram.com/joebiden/

09:02:06 From Marie Eddy : Sign up for updates, see prior recordings, and check out materials shared at https://talk.crisisnow.com/learningcommunity/

09:02:40 From Marie Eddy : Go to <u>https://bit.ly/CrisisJamSeries</u> to download the .ics file to your Outlook Calendar. For Google Calendars, follow these steps at <u>https://support.google.com/calendar/answer/37118?hl=en&co=GENIE.Platform%3DDesktop#zippy=%2</u> Cexport-from-another-calendar-application

09:02:56 From Marie Eddy : See all the Crisis Jam recordings, Moving America's Soul on Suicide videos and more at <u>https://bit.ly/FiveLanes</u> Please comment, share, like and subscribe!

09:03:17 From Marie Eddy : Inside 988 Lifeline: Conversations with a Crisis Counselor https://www.psychiatrictimes.com/view/inside-988-lifeline-conversations-with-a-crisis-counselor

09:03:34 From Marie Eddy : Impact Of The 988 Suicide And Crisis Lifeline: One Year Later <u>https://www.forbes.com/sites/nicoleroberts/2023/07/25/impact-of-the-988-suicide-and-crisis-lifeline-one-year-later/?sh=1ef3b96636d8</u>

09:03:47 From Marie Eddy : 988 Suicide & Crisis Lifeline in the SAMHSA Store: https://www.samhsa.gov/find-help/988 and click on "Printable Materials

09:04:01 From Marie Eddy : Crisis Jam tees, hoodies, and caps at https://shop.hopeinc.com/Products/ProductGrid/988?r=1

- 09:04:48 From Gerald Stansbury (Solari) : Good luck Dwight!
- 09:04:58 From Kristen Ellis : You've got this Dwight!
- 09:06:33 From Karen Denise Jones : "all of Crisis America" lol
- 09:06:41 From Daniel Herron : Reacted to ""all of Crisis Ameri..." with 😂
- 09:06:54 From Kristen Ellis : Reacted to ""all of Crisis Ameri..." with 🤤
- 09:07:24 From Sue Ann O'Brien (she/her) : Reacted to ""all of Crisis Ameri..." with 😂
- 09:07:24 From Meighan Haupt (NASMHPD) : Way to go!!!
- 09:07:31 From Karen Denise Jones : Congrats! And thank you all Zoom pollers, Kaylee, and

Dwight!

09:07:55 From Marie Eddy : Sophie Szew Prisoner #09092002 https://thedillydounreview.com/issue-4/sophie-szew/

09:08:20 From Karen Denise Jones : Want a free 988 Crisis Jam shirt? email me to volunteer for the hotseat and got one for free! <u>karen.jones@riinternational.com</u>

09:08:53 From Angeline Anselme : Yes Art Heals. Visual, Literature and Performing Arts.

09:08:55 From Marie Eddy : Meet NAMI Next Gen <u>https://www.nami.org/About-NAMI/Who-We-Are/Meet-NAMI-Next-Gen</u>

09:08:56	From Brittini Long (she/her) : wow! thank you for sharing!
09:09:08 sharing!	From Carin Fox Hennessey Nevada Medicaid : That is beautiful, Sophie! Thanks for
09:09:11	From Angeline Anselme : Thank you for your Poetry
09:09:20	From Meighan Haupt (NASMHPD) : Reacted to "Thank you for your P" with 💙
09:09:21	From Angeline Anselme : Reacted to "That is beautiful, S" with 숨
09:09:29	From Meighan Haupt (NASMHPD): Reacted to "That is beautiful, S" with 🛧
09:09:31	From Angeline Anselme : Reacted to "wow! thank you for s" with ☆
09:09:37	From Angeline Anselme : Reacted to "Meet NAMI Next Gen h" with ☆
09:09:47	From Cheryl Eskin : Young people are going to change the world!
09:10:13	From Morgan Leets (she.her) : Reacted to "Young people are goi" with 🕮
09:10:16	From Angeline Anselme : Reacted to "Young people are goi" with 숬
09:10:45	From David Covington : 760 applications for 10 spots!!! #initiative
09:11:00	From Debra Martin-DBHDD : Reacted to "Young people are goi" with 🕮
09:11:02	From Stephanie Pasternak (she/her) : Reacted to "760 applications for" with 🏂
09:11:15	From Angeline Anselme : Reacted to "760 applications for" with ☆
09:11:36	From Paige Rusch : Reacted to "760 applications for" with 餋
09:11:42	From Hannah Wesolowski, NAMI (she/her) : Reacted to "760 applications for" with
09:11:42	From Karen Denise Jones : Thank you, Dan!
09:12:40	From Ms Nakeeta J. : Reacted to "760 applications for" with 🏂
09:12:42	From Ms Nakeeta J. : Reacted to "Young people are goi" with 🖉

09:13:10 From David Covington : "Don't patronize us!"

09:14:29 From Cheryl Eskin : Reacted to ""Don't patronize us!..." with 💙

09:14:37 From Marie Eddy : TEEN LINE PSA (shorter version) <u>https://youtu.be/x8dybcrpIAc</u>

09:15:41 From Karen Denise Jones : 💙

09:15:50 From Joni Schwager : FYI- in case you're interested-The Tree of Life shooter was given the death penalty

09:16:21 From Susan Robinson, NC : Reacted to "Young people are goi..." with 💙

09:17:31 From Arturo Sermeno : Heroes!!

09:17:34 From Karen Denise Jones : Welcome to the Crisis Jam! And thank you so much for joining and sharing with us today.

09:17:46 From Angeline Anselme : Reacted to "Welcome to the Crisi..." with 🖈

09:17:48 From Debra Martin-DBHDD : Reacted to "Heroes!!" with 💙

09:17:52 From Heather Mitchell, Myers and Stauffer : Reacted to "Heroes!!" with 💙

09:17:55 From Angeline Anselme : Reacted to "Heroes!!" with 💙

09:18:12 From Angeline Anselme : ☆ 💙

09:18:25 From Thelma Horton : Awesome! Great to see other teens supporting one another.

09:18:53 From Cheryl Eskin : yay teens!

09:19:48 From Kristen Ellis : Reacted to "Welcome to the Crisi..." with 🔶

09:20:04 From Kristen Ellis : Reacted to "760 applications for..." with 🏂

09:20:06 From Howard D. Trachtman WARMLINE.ORG he series : will want to update www.warmline.org hdt@mbrlc.org 781 642 0368 what a great program

09:20:31 From Angeline Anselme : Reacted to "Awesome! Great to se..." with 💙

09:20:36 From Angeline Anselme : Reacted to "yay teens!" with 💙

09:20:54 From Morgan Leets (she.her) : Reacted to "yay teens!" with 🏂

09:21:06 From Brandon W : Curious how teens are answering a 24 hour support line while also managing school and other obligations?

09:22:18 From Cheryl Eskin : Good question. our hotlines have limited hours b/c they are staffed by teens. teen line and youthline's calls roll to 988 when our teens are not available. not sure how AZ handles this.

09:22:39 From Tina's iPhone : Incredible service! Do you think these should be paid positions?

09:22:43 From Brandon W : Reacted to "Good question. our ..." with 👍

09:22:44 From keith lewis, Washington State HCA : Reacted to "Good question. our ..." with 👍

09:23:33 From Cheryl Eskin : Teen Line (CA)

800-852-8336 6-10 PM PST

Text "teen" to 839863 6-9 PM PST

www.teenline.org

@teenlineonline

09:24:39 From Angeline Anselme : Reacted to "Incredible service! ..." with 🧳

09:24:44 From Angeline Anselme : Reacted to "Good question. our ..." with 👍

09:24:51 From Leigh Ann Fitzpatrick, CSW : Teens also need a place to share the good news in their lives! They may not have that elsewhere.

09:25:15 From Morgan Leets (she.her) : YouthLine

877-968-8491

Text 'teen2teen' to 839863

Theyouthline.org

09:25:50 From Jen Martin (She/Her) : are these 800 and 877 nationwide? Or specific to different areas?

09:25:55	From Cheryl Eskin : LOVE our teens!	
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09:25:59 From Sonja Burns : 🙏

09:25:59 From Angeline Anselme : Reacted to "Teens also need a pl..." with 💙

09:25:59 From Anna Low-Beer : Awesome work, y'all!

09:26:00 From Annie Slease : 💙

09:26:01 From Karen Denise Jones : 💙

09:26:02 From Brittini Long (she/her) : Thank you all! <3

09:26:04 From Morgan Leets (she.her) : Seriously amazing humans!!!!

09:26:08 From Amy Cohen : these folks are ROCK STARS

09:26:09 From Debra Martin-DBHDD : Reacted to "LOVE our teens!" with 💙

09:26:09 From Angeline Anselme : Reacted to "Awesome work, y'all!" with 💙 09:26:10 From Charity Lee : 💙 09:26:14 From Angeline Anselme : Reacted to "these folks are ROCK..." with 鑬 09:26:14 From Health360 | Sarah Wolf | USA IL : Amazing work!! You should be very proud of yourselves. Thank you for volunteering! 09:26:17 From Cheryl Eskin : Replying to "are these 800 and 87..." teen line is nationwide From Angeline Anselme : Reacted to "Seriously amazing hu..." with 🥖 09:26:18 09:26:22 From Trace Terrell : https://firstfocus.org/blog/why-those-most-impacted-by-theyouth-mental-health-crisis-might-be-the-answer-to-solving-it From Angeline Anselme : Reacted to "Amazing work!! You s..." with 🌉 09:26:22 09:26:24 From Krista Hausermann : Incredible!!! Hope for the future1 09:26:30 From Angeline Anselme : Reacted to "Incredible!!! Hope f..." with 🧳 From Health360 | Celia Meyer | USA CT : 💛 Thank you for your dedication to this 09:26:30 work! From Morgan Leets (she.her) : Replying to "are these 800 and 87..." YouthLine too! 09:26:31 From Angeline Anselme : Reacted to " 💙 Thank you for you..." with 💙 09:26:35 09:26:46 From Mel Butterfield : Replying to "are these 800 and 87..." same with Youthline. Doesn't matter where you live in the world. Our chat feature is globally accessible From Angeline Anselme : 📩 09:26:47 09:27:06 From Meighan Haupt (NASMHPD) : Thank you so much! 09:27:10 From Health360 | Sarah Wolf | USA IL : Hope holders 💙 09:27:17 From David Covington : Holding the hope for us! 09:27:17 From Karen Denise Jones : Mental health action 09:27:18 From Amy Cohen : Hope Holders! 09:27:28 From Nikki Kontz, Teen Lifeline (she/her) : Teen Lifeline (Arizona) 800-248-8336 602-248-8336 calls and texts 24/7 with teen counselors 3-9PM MST

Teenlifeline.org

09:27:29	From Angeline Anselme : Reacted to "Hope Holders!" with ☆
09:27:32	From Angeline Anselme : Reacted to "Mental health action" with ☆
09:27:36	From Angeline Anselme : Reacted to "Holding the hope for" with 숮
09:27:38	From Howard D. Trachtman WARMLINE.ORG he series : go teens
09:27:39	From Angeline Anselme : Reacted to "Hope holders 🎔 " with ☆
09:27:39	From Nikki Kontz, Teen Lifeline (she/her) : We take calls nation wide
09:27:39	From Meighan Haupt (NASMHPD) : Reacted to "go teens" with ☆
09:28:05	From Courtney Gallo Hunter (she/her) : What are the ages of "teens"? Is it under 20?
09:28:50	From Nikki Kontz, Teen Lifeline (she/her) : Our teens are ages 15 to 21

09:29:08 From Mel Butterfield : Replying to "What are the ages of..." Youthline volunteers range from 14 (only able to do outreach until they are 15), then 15-24 with older folks coming in as interns or adult volunteers

09:29:09 From Courtney Gallo Hunter (she/her) : Reacted to "Our teens are ages 1..." with 👍

09:29:13 From Morgan Leets (she.her) : 15-24 at YouthLine

09:29:37 From Trace Terrell : Boosting this one more time! Some of the questions about logistics (especially for YouthLine) are answered here: <u>https://firstfocus.org/blog/why-those-most-impacted-by-the-youth-mental-health-crisis-might-be-the-answer-to-solving-it</u>

09:30:43 From keith lewis, Washington State HCA : excellent support Cheryl

09:31:13 From Angeline Anselme : Yes. Peer to Peer Expert and Best Practices

09:31:33 From Cheryl Eskin : Replying to "excellent support Ch..." thank you!

09:31:54 From sonya wohletz, WA (she/her) : Yes to teaching/modeling healthy boundaries!

09:32:27 From Angeline Anselme : Reacted to "Yes to teaching/mode..." with 🛧

09:32:44 From Cheryl Eskin : Reacted to "Yes to teaching/mode..." with 💙

09:35:20 From Cheryl Eskin : @Nikki Kontz, Teen Lifeline (she/her) we all relate to wanting to save the world! @Morgan Leets (she.her) stressed the importance of healthy boundaries

09:35:35 From Morgan Leets (she.her) : Absolutely. So so so insightful, compassionate, and skilled

09:35:47 From Cheryl Eskin : I totally concur with Nikki!

09:36:31 From David Covington : Listening without judgment. 💙

09:36:57 From keith lewis, Washington State HCA : I love the process of these programs growing their own next generation of helpers/workers by providing apprenticeships which are on the front lines.

09:37:07 From David Covington : Reacted to "I love the process o..." with 🏂

09:37:35 From Howard D. Trachtman WARMLINE.ORG he series : glad teens are getting into advocacy early

09:37:46 From Karen Denise Jones : Reacted to "I love the process o..." with 🌑

09:38:06 From Angeline Anselme : Reacted to "I love the process o..." with 💙

09:38:12 From Angeline Anselme : Reacted to "Listening without ju..." with 🖈

09:38:17 From Angeline Anselme : Reacted to "Absolutely. So so so..." with 🔶

09:38:18 From Stephanie Pasternak (she/her) : Reacted to "glad teens are getti..." with 💙

09:38:20 From Angeline Anselme : Reacted to "I totally concur wit..." with 🛧

09:38:26 From Angeline Anselme : Reacted to "glad teens are getti..." with 🗳

09:38:57 From Angeline Anselme : Thank you all for your Work. 🗙

09:39:02 From David Covington : Pulling up chairs!

09:39:10 From Angeline Anselme : Reacted to "Pulling up chairs!" with 🧳

09:39:43 From Joshua Gran : I'm sorry. I was late coming to today's presentation. Not sure I missed it, but what do you think are the most important trainings to provide teen call takers?

09:40:10 From Brandon W : I think there is a space where we can highlight the impact of others without comparing it or contrasting it or even comparing it in a sense of competition with other service providers (I'll put them up against...) I think one of the hardest struggles of implementing peer services and teen services is this feeling of conflict and divide. For the longest times mutual aid was not allowed because traditional mental health practices said "we don't know enough" and it became a compare and contrast of services, rather than looking it as an alternative or another approach, nothing better or worse, just different. Feeling compelled as a Peer to call us in to not continue to divide or silo different services.

09:41:19	From Angeline Anselme : Reacted to "I think there is a s" with ☆
09:41:24	From Karen Denise Jones : Well said and thank you for sharing.
09:41:34	From keith lewis, Washington State HCA : Reacted to "I think there is a s" with 🌑
09:41:36	From Angeline Anselme : Thank you all 😊
09:42:27 with <mark></mark>	From Kim Myers (she/her) Intermountain Health : Reacted to "I think there is a s"

09:42:56 From NAMI Fl.-Jo Dee Nicosia : Reacted to "I think there is a s..." with 👍

09:43:07 From Cheryl Eskin : Replying to "I think there is a s..." i agree with you, maybe not said as well as we intended, actually supporting your point. people don't think teens or peers can do this work, and our point was they do it better sometimes than licensed people . trying to elevate our work, not exclude

09:43:20 From NAMI Fl.-Jo Dee Nicosia : Reacted to "Pulling up chairs!" with 💙

09:43:33 From Cheryl Eskin : Replying to "I think there is a s..." i understand what you mean though even if my comment doesn't sound like it

09:43:38 From Angeline Anselme : Reacted to "I think there is a s..." with 🖔

09:43:41 From Morgan Leets (she.her) : Reacted to "I think there is a s..." with 💙

09:43:47 From Cheryl Eskin : Replying to "I'm sorry. I was lat..." active listening, suicide assessment

09:43:48 From Morgan Leets (she.her) : Reacted to "i agree with you, ma..." with 💙

09:44:06 From Cheryl Eskin : Replying to "I think there is a s..." will work on wording...

09:44:36 From Morgan Leets (she.her) : Replying to "I'm sorry. I was lat..." What it means to be peer support, several evidenced based trainings around mental health and suicide alertness

09:44:42 From Cheryl Eskin : I need to run to another meeting. Thanks all for featuring teen crisis lines and being here.

09:45:21 From Mendez (teenline) : thank you so much for having me!

09:45:33 From Angeline Anselme : Reacted to "active listening, su..." with 🖈

09:45:40 From Angeline Anselme : Reacted to "What it means to be ..." with \bigstar

09:45:40 From Mendez (teenline) : 🔇

09:45:48 From Karen Denise Jones : Reacted to "thank you so much fo..." with 💙

09:45:57 From Mel Butterfield : Reacted to "thank you so much fo..." with 💙

09:46:26 From Nikki Kontz, Teen Lifeline (she/her) : Replying to "I'm sorry. I was lat..." Also problem solving and mindfulness strategies

09:46:29 From Susan Robinson, NC : Important timely panel discussion - more on practical lessons learned in implementing and supporting a sustainable teen crisis line will be welcome!

09:46:37 From Angeline Anselme : Reacted to "Important timely pan..." with 🖈

09:46:55 From Morgan Leets (she.her) : Reacted to "I need to run to ano..." with 💙

09:46:59 From Morgan Leets (she.her) : Reacted to "thank you so much fo..." with 💙

09:47:05 From Wendy White Tiegreen- GA DBHDD : Thanks to NASMHPD for the great content and format for state BH Leaders!

09:47:06 From Angeline Anselme : The acronym stands for:

09:47:17 From David Covington : Reacted to "Thanks to NASMHPD fo..." with 🏂

09:47:20 From Angeline Anselme : For the Conference

09:47:27 From Meighan Haupt (NASMHPD) : National Association of State Mental Health Program Directors

09:47:34 From Amy Cohen : National Association of State Mental Health Program Directors (NASMHPD)

09:47:35 From Angeline Anselme : Reacted to "National Association..." with 📩

09:47:36 From Meighan Haupt (NASMHPD) : (NASMHPD)

09:47:41 From Angeline Anselme : Reacted to "National Association..." with 🖈

- 09:47:50 From Angeline Anselme : Thank you.
- 09:47:51 From Mel Butterfield : Reacted to "National Association..." with 👍

09:47:57 From Amy Cohen : Reacted to "Thank you." with 👍

09:48:04 From Morgan Leets (she.her) : Replying to "Important timely pan..." I think we would all love to share more! Please feel free to reach out to YouthLine at <u>youthl@linesforlife.org</u> and we can connect!

09:48:05 From Meighan Haupt (NASMHPD) : Thank you, Wendy!

09:48:08 From Marie Eddy : How Systems Built for Adults Can't Be Retrofitted for Young People https://talk.crisisnow.com/how-systems-built-for-adults-cant-be-retrofitted-for-young-people/

09:48:13 From Krista Hausermann : Reacted to "Thanks to NASMHPD fo..." with 👍

09:48:16 From Lee Ann Reinert, IL : Thanks NASMHPD!!!

09:48:25 From Meighan Haupt (NASMHPD) : Reacted to "Thanks NASMHPD!!!" with 💙

09:49:08 From Karen Denise Jones : Oops! Yes, young people!

09:49:10 From Evonne Hawe : For the teen lines, is there an average amount of time you see that teens need when calling in, and what are the most important things they need? (ex validation of feelings, coping skills, etc?)

09:49:46 From Brian Hepburn : Thank you to SAMHSA and Shelby Rowe/SPRC for working with NASMHPD on sessions on improving relations between states and tribes at the NASMHPD meeting..

09:49:51 From Karen Denise Jones : "Systems must be tailored to children — developmentally and socially — and engage families," says Dr. Billina Shaw 09:50:07 From Angeline Anselme : Reacted to ""Systems must be tai..." with 💙 09:50:11 From Angeline Anselme : Reacted to "Thank you to SAMHSA ..." with 🛠 From Kristen Ellis : Reacted to ""Systems must be tai..." with 💙 09:50:11 From Kristen Ellis : Reacted to "Thank you to SAMHSA ..." with 렀 09:50:15 09:50:23 From Day Catalano (she/her) - NASMHPD : Reacted to "Thank you to SAMHSA ..." with \heartsuit 09:50:53 From Joshua Gran : Replying to "I'm sorry. I was lat..." Thank you all 09:51:34 From Karen Denise Jones : "hope personified" power of peers can be life changing 09:51:49 From Sue Ann O'Brien (she/her) : Great to see you, Dr. Shaw! 09:51:55 From Angeline Anselme : Perhaps SAMHSA can also have Peer Standards for Teens as there is for Peers. From Angeline Anselme : Reacted to ""hope personified" ... " with \bigstar 09:52:04

09:52:17 From Susan Robinson, NC : Reacted to "Perhaps SAMHSA can a..." with 💙

09:52:40 From Courtney Gallo Hunter (she/her) : Today's awesome youth-led session reminds me to send this action alert to encourage legislators to pass the Improving Mental Health for Students Act, which would put 988, Crisis Text Line, and a campus suicide resource on the back of student IDs for higher education institutions: <u>https://act.crisistextline.org/a/co-sponsor-improving-mental-health-</u> <u>access-students-act</u>

09:52:40 From Angeline Anselme : Best Practices for Peers fireach category and population.

09:52:57 From Angeline Anselme : for each

09:53:24 From Angeline Anselme : Also Senior/ and or Disabled.

09:53:29 From Nikki Kontz, Teen Lifeline (she/her) : Replying to "For the teen lines, ..." Our average length of call is about 22 minutes, texting is about 2 hours. As with any crisis service, most of our callers really are looking for someone who will listen, is interested in their life, and validation of feelings. We find most of them know what they want to have happen and our counselors are there to listen and help them find their next steps.

09:53:52 From Morgan Leets (she.her) : Replying to "For the teen lines, ..." Average times can be challenging to say, as it depends on the topic a person reaches out about, and also the medium they reach out on (call/ text/ chat). Often, a nonjudgmental and caring space to share their stories is one of the most important things for connection and collaboration. Would love to talk more about this if you want to reach out! youthl@linesforlife.org

09:54:34 From Susan Robinson, NC : Reacted to "Also Senior/ and or ..." with 💙

09:55:14 From Lanada Williams,DBH-Washington,DC : We need to be creative about maintaining safety and alternative solutions for transportation along with funding.

09:55:17 From Angeline Anselme : Yes. Mindful Caring care. Look up PAARI Police Assisted Addiction and Recovery Initiative

09:55:39 From Carin Fox Hennessey -- Nevada Medicaid : I love the term "humanized moment"

09:55:52 From Angeline Anselme : I'm with their Lived Experience Council. Teens would be great in there.

09:55:59 From Angeline Anselme : Reacted to "I love the term "hum..." with 🖈

09:56:02 From David Covington : Reacted to "I'm with their Lived..." with 💙

09:56:07 From Genevieve DeRose : Reacted to "We need to be creati..." with

09:56:13 From Genevieve DeRose : Reacted to "I love the term "hum..." with 🔶

09:56:41 From Morgan Leets (she.her) : Reacted to "I'm with their Lived..." with 💙

09:57:14 From Angeline Anselme : My email <u>musicalladye@gmail.com</u> PAARI and OHA Crisis System Advisory Workgroup Steering Committee Oregon

09:58:01 From Angeline Anselme : Link to bills

09:58:16 From Angeline Anselme : Thank you all

10:00:20 From Sarah Corcoran, GCS (she/her) : Bill summary: bill_summary_-

_labor_health_and_human_services_education_and_related_agencies_fiscal_year_2024_appropriation s_bill.pdf (senate.gov) Report: FY 24 LHHS Report (senate.gov)

10:00:37 From Sarah Corcoran, GCS (she/her) : <u>https://www.appropriations.senate.gov/</u>

10:00:54 From Trace Terrell : You're incredible, Sophie!