

Senior Program Director/ Project Director CCBHC,

Community Health

Resources (CHR)



In 2020, Dr. Matthew Goldman conducted an analysis of Arizona Medicaid claims that included over 125,000 crisis services episodes for adults. He focused on escalation to a higher intensity service within 72 hours, e.g., mobile to ED. But most did not receive multiple services.

Which of the following served the most individuals without other supports?

A: Mobile Crisis Only

**B**: Crisis Receiving Facility Only

C: Hospital Emergency **Department Only** 

D: Psychiatric Inpatient Only

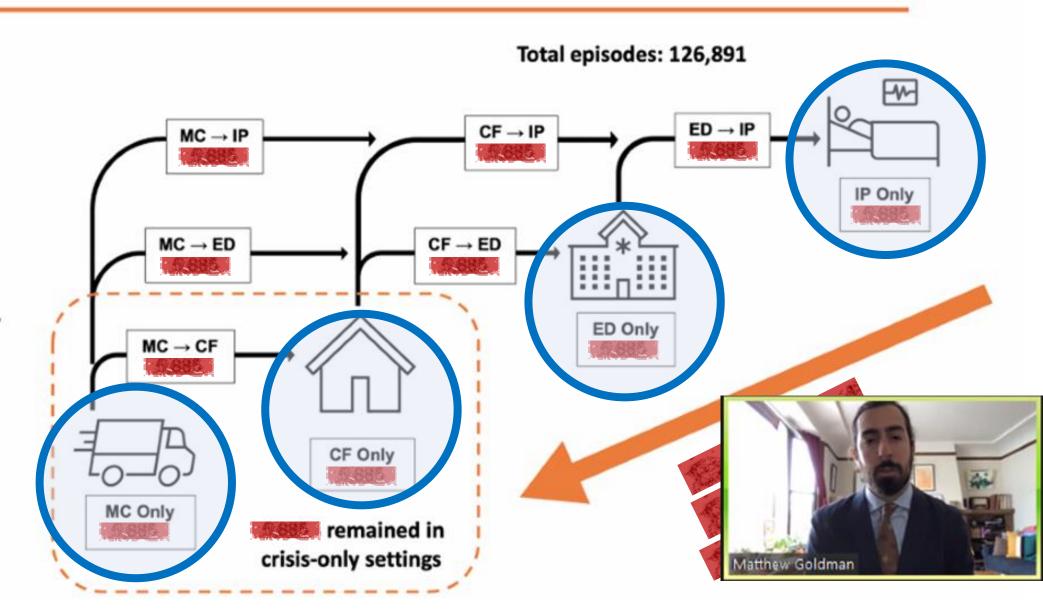
## Escalation in crisis services by episode (Arizona)

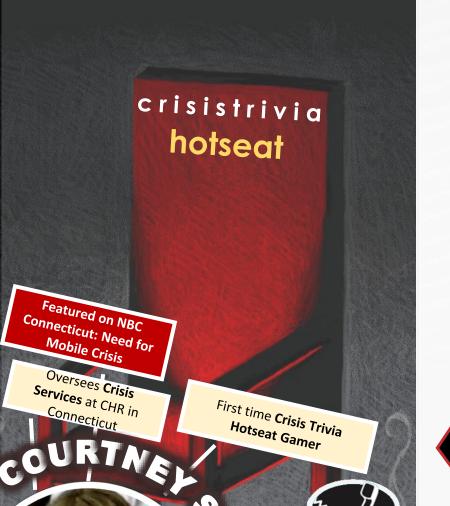
AHCCCS Medicaid claims

10/2017-10/2018

Ages 18-64

Examined if a mobile crisis (MC), crisis facility (CF), emergency dept (ED), or inpatient (IP) service was followed by a higher intensity service within 72 hours





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Over 40% remained in crisis only settings, but Crisis Receiving Facilities were the strongest driver of lower costs, shorter stays and less restrictive care for those in a behavioral health emergency with nearly 35,000 being stabilized in these settings.

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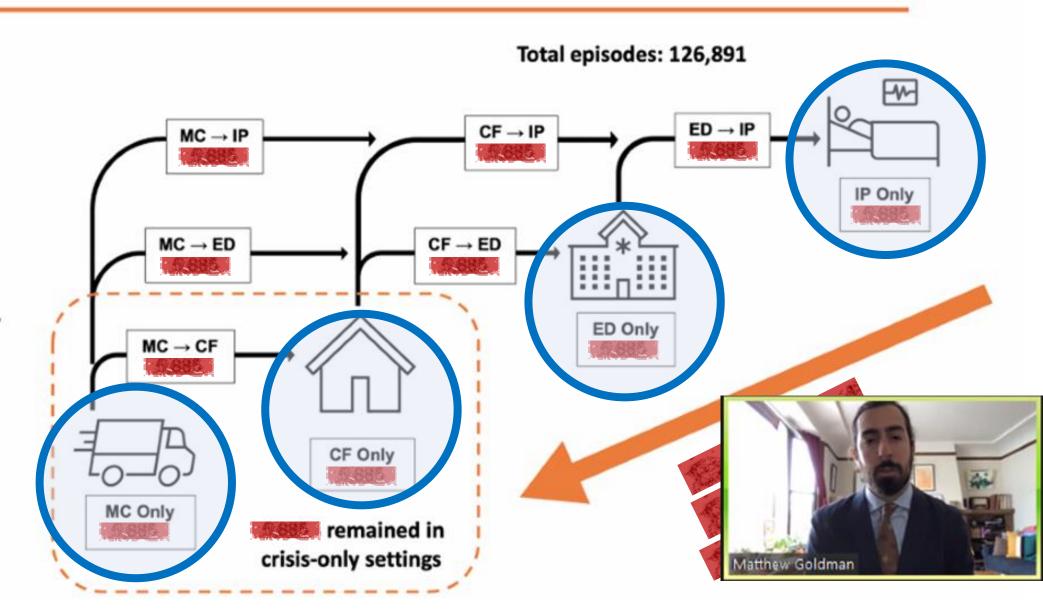
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