


988 Crisis Jam – Ep 143 – September 06, 2023 – Chat Transcript

- 09:00:50 From Kristen Ellis, LMFT - RI : Sign up for updates, see prior recordings, and check out materials shared at <https://talk.crisisnow.com/learningcommunity/>
- 09:01:35 From Kristen Ellis, LMFT - RI : Go to <https://bit.ly/CrisisJamSeries> to download the .ics file to your Outlook Calendar.
For Google Calendars, follow these steps at <https://support.google.com/calendar/answer/37118?hl=en&co=GENIE.Platform%3DDesktop#zippy=%2Cexport-from-another-calendar-application>
- 09:01:57 From Kristen Ellis, LMFT - RI : See all the Crisis Jam recordings, Moving America's Soul on Suicide videos and more at <https://bit.ly/FiveLanes> Please comment, share, like and subscribe!
- 09:02:41 From Kristen Ellis, LMFT - RI : Do you have an idea for a future Crisis Jam topic? Let us know! Email karen.jones@riinternational.com
- 09:03:43 From Kristen Ellis, LMFT - RI : Still Ringing the Alarm: An Enduring Call to Action for Black Youth Suicide Prevention <https://publichealth.jhu.edu/2023/still-ringing-the-alarm-an-enduring-call-to-action-for-black-youth-suicide-prevention>
- 09:04:21 From Kristen Ellis, LMFT - RI : After the Loss of a Son, a Football Coach Confronts a Terrible Truth <https://www.nytimes.com/2023/08/28/sports/ncaafotball/football-concussions-cte.html>
- 09:07:08 From Kristen Ellis, LMFT - RI : Massive mental health toll in Maui wildfires: They've lost everything' <https://www.npr.org/2023/08/21/1194823959/maui-wildfires-mental-health-toll>
- 09:07:30 From Kristen Ellis, LMFT - RI : 988 Suicide & Crisis Lifeline in the SAMHSA Store: <https://www.samhsa.gov/find-help/988> and click on "Printable Materials"
- 09:08:00 From Kristen Ellis, LMFT - RI : Crisis Jam tees, hoodies, and caps at <https://shop.hopeinc.com/Products/ProductGrid/988?r=1>
- 09:08:10 From Kate Dahlstrom-Grand Traverse County : Is there a link to this besides the Times? I don't subscribe. Thanks
- 09:08:34 From Kristen Ellis, LMFT - RI : Terrence Smithers: An Invitation Beyond Limits <https://hopeinc.com/an-invitation-beyond-limits/>
- 09:09:09 From Meighan Haupt (NASMHPD) : Go Terrence!
- 09:10:04 From David Covington : Talk it through Terrence!
- 09:10:54 From David Covington : Phone a friend!
- 09:11:41 From Karen Denise Jones : This is a tough one!
- 09:11:58 From Meighan Haupt (NASMHPD) : Really tough one!!
- 09:11:59 From Scott Miner : These are tough... 2/2!
- 09:12:10 From Meighan Haupt (NASMHPD) : So appreciate you, Terrence!



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- 09:12:26 From Linda McGuire : my one year of high school German class paid off!
- 09:12:36 From Meighan Haupt (NASMHPD) : Reacted to "my one year of high ..." with 😂
- 09:12:43 From Scott Miner : Reacted to "my one year of high ..." with 😂
- 09:12:49 From Terrence Smithers : Reacted to "So appreciate you, T..." with ❤️
- 09:12:50 From Kristen Ellis, LMFT - RI : Reacted to "my one year of high ..." with 😂
- 09:13:11 From David Covington : Check out Terrence's Inviting People Forward video... speaks to these very ideas!
- 09:13:25 From Terrence Smithers : Reacted to "my one year of high ..." with 😂
- 09:13:25 From Kristen Ellis, LMFT - RI : Think Victor Frankl's answer to overcoming obstacles and sorrow. <https://www.cnn.com/2018/11/12/health/ikigai-longevity-happiness-living-to-100-wisdom-project/index.html>
- 09:13:35 From Terrence Smithers : Reacted to "Think Victor Frankl'..." with 👍
- 09:13:50 From Kristen Ellis, LMFT - RI : Maddie, NAMI Next Gen Alum: <https://www.nami.org/About-NAMI/Who-We-Are/Meet-NAMI-Next-Gen/NAMI-Next-Gen-Alumni/Maddie-Stults>
- 09:14:02 From PJ Simonson : Love Viktor Frankl!
- 09:16:36 From Michelle L. Jackson, (she/her/hers) : Yes Maddie 😊
- 09:16:44 From David Covington : Oh my
- 09:17:11 From Family Alliance - Donna : Thank you for sharing your experience!
- 09:17:22 From Meighan Haupt (NASMHPD) : Reacted to "Thank you for sharin..." with 💜
- 09:17:24 From Erika Leuchte (she/her) : Reacted to "Thank you for sharin..." with 💜
- 09:17:31 From Chelsea Booth : Reacted to "Thank you for sharin..." with 💜
- 09:17:37 From Karen Denise Jones : Thank you so much, Maddie!
- 09:17:45 From Terrence Smithers : Thank you for your share Maddie. Inspires change!
- 09:17:51 From Day Catalano (she/her) - NASMHPD : Thank you so much for sharing, Maddie!
- 09:17:56 From Meighan Haupt (NASMHPD) : Reacted to "Thank you so much fo..." with ❤️
- 09:18:13 From Maddie Stults (she/they) : Reacted to "Thank you for sharin..." with 💜
- 09:18:15 From Maddie Stults (she/they) : Reacted to "Thank you so much fo..." with ❤️

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- 09:18:28 From David Covington : Come back Maddie - would love to have you in the program again! Sophie hosted a few weeks ago and Trace moderated a panel... Terrific having your voice in this learning community.
- 09:18:46 From Maddie Stults (she/they) : Thank you so much for having me crisis jam!
- 09:19:10 From JD Holt : CCBHC =?
- 09:19:18 From howard trachtman he/him/his : power of peer support over the phone
www.warmlne.orgm hdt@mbrlc.org 781 642 0368
- 09:19:59 From Karen Denise Jones : Certified Community Behavioral Health Clinics (CCBHCs)
<https://www.samhsa.gov/certified-community-behavioral-health-clinics>
- 09:20:36 From Day Catalano (she/her) - NASMHPD : Reacted to "Come back Maddie - w..." with

- 09:23:10 From Richard Bebout : How is DC classified?
- 09:28:48 From Julia H. Ehret : Psychiatrist shortage remarks? I missed what you said; please review if possible.
- 09:29:41 From Michelle L. Jackson, (she/her/hers) : Replying to "How is DC classified..." Many of us community based orgs that work evenings, weekends, holidays filling in gaps have been waiting for this high level vision to fund our activities. The DC Department of Behavioral Health has to fully integrate the addiction services and the mental health services which has been the case since 2014 when Steve Baron was Director and Barbara Bazron Assistant Director. We have been advising, strategizing and informing the agency to no avail. Glad you are here Mr. Bebout. Perhaps we can collaborate for real this time. And we are looking forward to DC utilizing the grant in this way. The agency has a lot of internal work to do. We are here to support and help . 😊
- 09:30:33 From Kristen Ellis, LMFT - RI : CMS Proposed Updates for CCBHC PPS:
<https://www.medicaid.gov/medicaid/financial-management/downloads/ccbh-pps-prop-updates.pdf>
- 09:31:27 From Michelle L. Jackson, (she/her/hers) : Replying to "How is DC classified..." That is DC Peer Support Association and Reasons To Hope Foundation Inc. The Association has been providing services and supports to community members since 2014 without and funding from the state.
- 09:33:02 From Mary Giliberti : Can you address states that had the model and have decided not to pursue further? I think Pennsylvania is one. Are there others? Do you have any data on why they chose not to continue the model?
- 09:33:13 From Michelle L. Jackson, (she/her/hers) : Awesome Brett
- 09:33:19 From Michelle L. Jackson, (she/her/hers) : Thank you so much 😊
- 09:33:30 From Brett Beckerson, National Council : Great to see you too, sir!
- 09:33:37 From Julia H. Ehret : Illinois is Blue; Where do I find who to ask questions specific to my county/state?

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- 09:34:13 From Kate Dahlstrom-Grand Traverse County : What is expected date of proposed changes to be adopted?
- 09:34:42 From Ayesha Delany-Brumsey to Karen Denise Jones(Direct Message) : K
- 09:35:16 From Brett Beckerson, National Council : Replying to "What is expected dat..." The updated criteria for CCBHC will be required to happen on July 1, 2024.
- 09:35:18 From Brett Beckerson, National Council : <https://www.samhsa.gov/certified-community-behavioral-health-clinics>
- 09:35:40 From Robin Stull : Does the CCBHC have to run the MCRT?
- 09:36:08 From Brett Beckerson, National Council : Replying to "Illinois is Blue; Wh..." Find the CCBHC near you and work in partnership with them as their state makes decisions (at the bottom of the page). <https://www.thenationalcouncil.org/program/ccbhc-success-center/ccbhc-overview/>
- 09:36:26 From Tradeoffs : Is there a list somewhere of all existing CCBHCs?
- 09:37:33 From Brett Beckerson, National Council : Replying to "Can you address stat..." Pennsylvania converted from a daily rate to a monthly rate (but without a quality bonus payment). And graduated from the demonstration to do so. Other states have established SPAs or waivers to establish CCBHC formally in their state.
- 09:37:47 From Amanda Isabel Mauri : Can you speak a little bit more about how non-demo states are using Medicaid flexibilities to implement the PPS? Is it just through 1115s or another mechanism too?
- 09:37:52 From Brett Beckerson, National Council : Reacted to "Many of us community..." with 
- 09:37:53 From JD Holt : How do CCBHC's work with BHRNs in Oregon?
- 09:37:55 From Michelle L. Jackson, (she/her/hers) : Who and what agency will be providing oversight in DC specifically and in other states in general>?
- 09:38:28 From Michelle L. Jackson, (she/her/hers) : YAAAAAAAY!!!!!!!!!!
- 09:39:08 From Family Alliance - Donna : My family member was able to get help at a walk in crisis clinic in Missouri. She had been unsuccessful with her current prescriber for months in trying to get one of her meds up to therapeutic dose and on the verge of losing her new job and inpatient but the clinic got her dosage up. They provide 30 days of meds and a list of providers. They will continue to follow up until they are connected to a new provider.
- 09:39:26 From Michelle L. Jackson, (she/her/hers) : Reacted to "My family member was..." with 
- 09:39:41 From Brett Beckerson, National Council : Replying to "Can you speak a litt..."

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Five states have CMS-approved SPAs to formally create CCBHC as a provider type in their state. Missouri, Nevada, Minnesota, and Oklahoma are SPA states from the demonstration - Kansas is the only state to have a SPA approved outside of the demonstration currently.

09:40:03 From Terrence Smithers : Reacted to "My family member was..." with ❤️

09:40:50 From Brett Beckerson, National Council : Replying to "Does the CCBHC have ..." CCBHCs can craft a partnership through what's called a designated collaborating organization (DCO) where they work with external entities who are providing those services.

09:41:17 From Amanda Isabel Mauri : Replying to "Can you speak a litt..." Thanks so much! And has Texas implemented a special CCBHC payment through a flexibility too, but it doesn't take a PPS form?

09:42:34 From Brett Beckerson, National Council : Replying to "Who and what agency ..." For any state, the behavioral health agency designs/tailors the criteria for the state; the Medicaid agency formalizes the payment mechanism for it.

09:42:47 From Paige Rusch : Are there planning grants for CCBHCs?

09:42:50 From Kate Dahlstrom-Grand Traverse County : MI has CCBHC Expansion Grants. We have 34+ total CCBHCs

09:42:52 From Michelle L. Jackson, (she/her/hers) : Reacted to "For any state, the b..." with 🙌

09:43:09 From Jeanette Tecca PSS Park County Sherriff : Montana needs more CCBHC for sure

09:43:33 From Brett Beckerson, National Council : Replying to "Is there a list some..."
<https://www.thenationalcouncil.org/wp-content/uploads/2023/03/List-of-CCBHCs-by-State.pdf>

09:44:05 From Brett Beckerson, National Council : Reacted to "Montana needs more C..." with ❤️

09:44:11 From Julia H. Ehret : Replying to "Is there a list some..." 👍

09:44:47 From David de Voursney - SAMHSA (he/him) : Speaking of SAMHSA grants, we are also funding 120 new CCBHC expansion grants later this month!

09:44:52 From April Rodgers, Yayaanak WC, Viejas : Replying to "Is there a list some..." Thank you, Brett!

09:45:16 From Brett Beckerson, National Council : Replying to "MI has CCBHC Expansi..." Michigan has some of the highest investments in Medicaid for CCBHC budgeted for next year. Michigan also was the first state to require connection to its MiCAL Michigan Crisis Action Line. That helped lay the foundation for connections to 988 moving forward for Michigan and other states! Go Blue!











09:45:25 From Julia H. Ehret : Reacted to "For any state, the b..." with 👍

09:45:27 From Meighan Haupt (NASMHPD) : Reacted to "My family member was..." with ❤️

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- 09:45:59 From Mary Jean Weston : Will the list of CCBHCs nationwide be available for a nationwide database accessible by 988 Lifeline centers?
- 09:46:10 From Brett Beckerson, National Council : Replying to "Are there planning g..." Yes. 15 states received planning grants in 2023. There will be future opportunities for state planning grants for states. The grants are \$1M for states.
- 09:46:47 From David de Voursney - SAMHSA (he/him) : We are planning on funding another round of 15 planning grants in 2025.
- 09:47:59 From Paige Rusch : Reacted to "Yes. 15 states recei..." with 👍
- 09:48:10 From Paige Rusch : Reacted to "We are planning on f..." with 👍
- 09:48:14 From Meighan Haupt (NASMHPD) : Fantastic!!!!
- 09:48:15 From Amanda Isabel Mauri : How has Texas implemented their CCBHC program? My understanding is that they have a special CCBHC payment, but it doesn't take the PPS form, and they are not a demo/2023 planning grant state
- 09:48:27 From Meighan Haupt (NASMHPD) : That is great news!!! Thank you, James!!
- 09:48:32 From Susan Robinson, NC : Reacted to "That is great news!!..." with ❤️
- 09:48:57 From Kate Dahlstrom-Grand Traverse County : Reacted to "Michigan has some of..." with 👍
- 09:48:58 From Michelle L. Jackson, (she/her/hers) : yaaaaaaaay ASL!
- 09:49:00 From Meighan Haupt (NASMHPD) : Yes!!!
- 09:49:06 From Day Catalano (she/her) - NASMHPD : Reacted to "That is great news!!..." with ❤️
- 09:49:10 From Day Catalano (she/her) - NASMHPD : Reacted to "Yes!!!" with 🤗
- 09:49:27 From james wright : <https://988lifeline.org/help-yourself/for-deaf-hard-of-hearing/>
- 09:49:30 From David de Voursney - SAMHSA (he/him) : That is correct, Texas is implementing their CCBHCs through Medicaid Managed Care. They had a planning grant in 2016 and went ahead with developing their program in 2017.
- 09:50:06 From Julia H. Ehret : Reacted to "Find the CCBHC near ..." with 👍
- 09:50:07 From Amanda Isabel Mauri : Replying to "That is correct, Tex..." Thank you!
- 09:50:25 From Liseanne Wick : We're grateful to SAMHSA for the multiple funding opportunities happening!
- 09:50:30 From Terrence Smithers : Reacted to "That is great news!!..." with ❤️
- 09:50:39 From Terrence Smithers : Reacted to "Yes!!!" with 👍

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- 09:51:08 From Amanda Isabel Mauri : Replying to "How has Texas implem..." Thanks, Brett - I'll reach out!
- 09:51:11 From Brett Beckerson, National Council : Replying to "How has Texas implem..." Texas' CCBHC model was built into their 1115 DSRIP waiver, so it's unlike other states that have specific CCBHC SPAs. We can connect offline about the payment structure because I'm not the payment expert. Great to see you, Amanda!
- 09:51:49 From Kristen Ellis, LMFT - RI : 988 State Map <https://reimaginecrisis.org/map>
- 09:51:55 From Terrence Smithers : Thrilled about the ASL launch! Thank you, James!
- 09:52:02 From Susan Robinson, NC : Reacted to "Thrilled about the A..." with 
- 09:52:07 From james wright : Reacted to "Thrilled about the A..." with 
- 09:52:20 From Kristen Ellis, LMFT - RI : CMS Proposed Updates for CCBHC PPS: <https://www.medicaid.gov/medicaid/financial-management/downloads/ccbh-pps-prop-updates.pdf>
- 09:52:21 From Julia H. Ehret : Reacted to "Think Victor Frankl'..." with 
- 09:52:25 From james wright : Reacted to "That is great news!!..." with 
- 09:53:02 From Kristen Ellis, LMFT - RI : As Mental Health Stigma Lessens, More People Are Reaching Out for Help — Kevin Berthia Says It's Time To Get Creative To Meet Their Needs <https://talk.crisisnow.com/time-to-get-creative/>
- 09:53:03 From Stephanie Pasternak (she/her) : NAMI 988 State Advocacy Call Sign Up: https://docs.google.com/forms/d/1cdjfkcg0wHxCb_neJT3XIWoxRt_KHo548wfyxmCZxuw/viewform?edit_requested=true
- 09:53:12 From Michelle L. Jackson, (she/her/hers) : Reacted to "NAMI 988 State Advoc..." with 
- 09:53:23 From Julia H. Ehret : Reacted to "NAMI 988 State Advoc..." with 
- 09:53:29 From Michelle L. Jackson, (she/her/hers) : Reacted to "As Mental Health Sti..." with 
- 09:53:33 From David Covington : So glad to have you on the Jam Kevin!
- 09:55:29 From Terrence Smithers : Great points, Kevin. Mental health needs to be a common everyday term without stigma or fear. Thank you!!
- 09:55:51 From Day Catalano (she/her) - NASMHPD : Reacted to "Great points, Kevin...." with 
- 09:56:32 From JD Holt : the peer model is compassion without force of direction. We need more peers in the field
- 09:56:41 From David Covington : Reacted to "the peer model is co..." with 
- 09:56:51 From Kristen Ellis, LMFT - RI : Reacted to "the peer model is co..." with 

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- 09:56:54 From Kristen Ellis, LMFT - RI : Reacted to "Great points, Kevin...." with 👍
- 09:58:27 From Christy Malik : Great points about the benefits and importance of follow-up services.
- 09:58:33 From Michelle L. Jackson, (she/her/hers) : Thank you both Kevin and Stephanie
- 09:58:37 From Day Catalano (she/her) - NASMHPD : Reacted to "Great points about t..." with 👍
- 09:58:41 From Meighan Haupt (NASMHPD) : Very inspiring! Thank you, Kevin!
- 09:58:42 From Kristen Ellis, LMFT - RI : Register for the Moving America's Soul on Suicide webinar at https://us02web.zoom.us/webinar/register/WN_jNgjSQfqTa6SP8-0lGEH6Q
- 09:58:59 From Kate Dahlstrom-Grand Traverse County : Amen to follow-up. We can use trained volunteers to do follow-up calls. Thanks, Kevin!
- 09:59:16 From Julia H. Ehret : Reacted to "Amen to follow-up. W..." with 👍
- 09:59:34 From JD Holt : Replying to "Amen to follow-up. W..." would love to have peers help with this as standard practice