

988 Crisis Jam – Ep 144 – September 20, 2023 – Chat Transcript


09:01:44 From Kristen Ellis, LMFT - RI : If you are need of any help, Vibrant Emotional Health's Crisis Emotional Care Team is here to support you. We have trained members who are willing to confidentially listen, speak and care for you free of charge in this difficult time. Our team has provided crisis support for well over 20 years, and includes some of the most experienced crisis behavioral health professionals in the space today. Your emotional well-being matters to us and we would be honored to have the opportunity to hold space with you as you look to the days ahead. If you would like to sign up for a 45-minute wellness check in, please email us at crisisectionalcare@vibrant.org


and our team will connect you with a counselor to support you.


09:04:00 From Crisis Jam : Pass along our new registration method at <https://bit.ly/RegisterforCrisisJam>

09:05:59 From Jill Smith : Thank you for your diligence and am glad a way was found to keep this community going!

09:06:01 From Jane Tobler : Glad that the Jam is back!

09:06:06 From Kristen Ellis, LMFT - RI : Reacted to "Thank you for your d..." with 

09:06:08 From Kristen Ellis, LMFT - RI : Reacted to "Glad that the Jam is..." with 

09:06:14 From Leah Holmes-Bonilla : Reacted to "Glad that the Jam is..." with 

09:06:18 From Meighan Haupt : Reacted to "Thank you for your d..." with 

09:06:19 From Kristen Ellis, LMFT - RI : Sign up for updates, see prior recordings, and check out materials shared at <https://talk.crisisnow.com/learningcommunity/>

09:06:26 From Meighan Haupt : Reacted to "Glad that the Jam is..." with 

09:06:58 From Crisis Jam : email us at crisisjam@crisisnow.com or email Karen directly at karen.jones@riinternational.com

09:07:23 From Kristen Ellis, LMFT - RI : See all the Crisis Jam recordings, Moving America's Soul on Suicide videos and more at <https://bit.ly/FiveLanes>. Please comment, share, like and subscribe!

09:07:57 From Kristen Ellis, LMFT - RI : Do you have an idea for a future Crisis Jam topic? Let us know! Email karen.jones@riinternational.com

09:08:34 From Kristen Ellis, LMFT - RI : 988 mental health crisis line launches American Sign Language services for callers who are deaf and hard of hearing. <https://www.cnn.com/2023/09/08/health/988-crisis-line-american-sign-language/index.html>












09:09:57 From Kelle Masten : Reacted to "Glad that the Jam is..." with 

09:10:51 From Chris Roup (she/her), CRPT Inc : Thank you, Steve!

09:11:02 From Jane Tobler : Preach Steve! Thank you for your leadership!

09:12:26 From Betsy Hammar : Reacted to "Preach Steve! Thank ..." with 

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- 09:14:47 From Kristen Ellis, LMFT - RI : King County mental health facilities still reject a quarter of patients, report shows. <https://www.seattletimes.com/seattle-news/mental-health/king-county-mental-health-facilities-still-reject-a-quarter-of-patients-report-shows/>
- 09:15:11 From CW Tillman : Thanks, Steve! This is fabulous news that 988 is finally available for the Deaf/HoH community.
- 09:15:58 From Kristen Ellis, LMFT - RI : What happens when you take someone in a mental health crisis to the ER? <https://www.northcarolinahealthnews.org/2023/09/08/what-happens-when-you-take-someone-in-a-mental-health-crisis-to-the-e-r/>
- 09:16:08 From John Draper : Big props to Dr. Stephanie Logan and her team at Deaf LEAD in Mo., who actually began providing their services first through the SAMHSA-funded Disaster Distress Helpline over the past 5 years. That occurred through the leadership of Christian Burgess, Director of the DDH for Vibrant. Thank you Christian and Stephanie!!!
- 09:16:29 From Steve Hamerdinger : Reacted to "Big props to Dr. Ste..." with 
- 09:16:38 From Gerald Stansbury : Great job Dr. Logan, Tyler, and all at DeafLEAD
- 09:16:50 From Meighan Haupt : Reacted to "Big props to Dr. Ste..." with 
- 09:16:55 From Leah Holmes-Bonilla : Reacted to "Big props to Dr. Ste..." with 
- 09:16:57 From Meighan Haupt : Reacted to "Great job Dr. Logan,..." with 
- 09:16:58 From Leah Holmes-Bonilla : Reacted to "Great job Dr. Logan,..." with 
- 09:17:04 From Kristen Ellis, LMFT - RI : 988 Suicide & Crisis Lifeline in the SAMHSA Store: <https://www.samhsa.gov/find-help/988> and click on "Printable Materials"
- 09:17:10 From Kristen Ellis, LMFT - RI : Crisis Jam tees, hoodies, and caps at <https://shop.hopeinc.com/Products/ProductGrid/988?r=1>
- 09:18:14 From Steve Hamerdinger : The whole DeafLEAD team deserves s shout out. I am so proud of the work they have done.
- 09:18:24 From Steve Hamerdinger : Reacted to "Great job Dr. Logan,..." with 
- 09:18:40 From Kristen Ellis, LMFT - RI : Reacted to "The whole DeafLEAD t..." with 
- 09:19:03 From Meighan Haupt : Reacted to "The whole DeafLEAD t..." with 
- 09:19:23 From Leah Holmes-Bonilla : Reacted to "The whole DeafLEAD t..." with 
- 09:20:44 From Jane Tobler : Reacted to "Big props to Dr. Ste..." with 
- 09:20:54 From Jane Tobler : Reacted to "The whole DeafLEAD t..." with 
- 09:21:07 From Crisis Jam : it's a hard one!

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- 09:21:39 From Kristen Ellis, LMFT - RI : Origins of the ADA: <https://acl.gov/ada/origins-of-the-ada>
- 09:21:48 From Kristen Ellis, LMFT - RI : 🍷
- 09:21:55 From Crisis Jam : Wahoo! Great job. :)
- 09:22:00 From Kristen Ellis, LMFT - RI : Interview with Justin Dart, Jr., ADA Visionary, Recorded October 20, 1999 <https://youtu.be/2dbXTkcMjFI?feature=shared>
- 09:22:08 From Kimberly Harol warmline.org : Great job Howard!
- 09:22:11 From Monica Luke : Way to go, Howard!
- 09:22:20 From Meighan Haupt : Great job, Howard!
- 09:22:52 From Dr. Tonyakristin Henderson : Awesome Howard!
- 09:22:56 From Monica Luke : Howard on the Hot Seat from dialysis!
- 09:23:31 From Kristen Ellis, LMFT - RI : WE Can Talk About It: <https://youtu.be/rcI2wHKbzGo?si=ftLjNyXVLXUot9St>
- 09:25:00 From Kristen Ellis, LMFT - RI : Wrestling with Depression and Suicide Alone in the Dark <https://stephaniemitchellhughes.medium.com/wrestling-with-depression-and-suicide-alone-in-the-dark-92a9964474ed>
- 09:25:21 From Betsy Hammar : Reacted to "Howard on the Hot Se..." with 🤔
- 09:25:31 From Betsy Hammar : Reacted to "Howard on the Hot Se..." with 🙌
- 09:28:01 From Crisis Jam : "Yes, I will."
- 09:29:43 From Howard Trachtman : glad to be on the hotseat more info on peer support over the phone www.warmline.org hdt@mbrlc.org 781 642 0368
- 09:37:58 From Paul Galdys : Really great discussion Stephanie and so glad you share your voice here as well as in Ohio!
- 09:38:42 From Kathy Ritchey : Stephanie,
- 09:40:32 From CW Tillman : This all reminds me of a quote, "You won't tell people you're not okay, because it's hard watching them not know what to do. Then you end up comforting them, though the one that needing comfort is you."
- 09:40:49 From Kathy Ritchey : Thank you, Stephanie, for your bravery in speaking your voice and providing insight into the thoughts and feelings of someone struggling with suicide.
- 09:40:57 From Danielle Bolduc : Reacted to "This all reminds me ..." with ❤️
- 09:41:00 From Ava Kaufmann : Reacted to "Thank you, Stephanie..." with ❤️
- 09:41:10 From Meighan Haupt : Reacted to "Thank you, Stephanie..." with ❤️

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- 09:41:26 From Kathy Ritchey : Replying to "This all reminds me ..." So true!!!
- 09:41:44 From Chris Roup (she/her), CRPT Inc : Reacted to "Thank you, Stephanie..." with ❤️
- 09:41:57 From Kelle Masten : Reacted to "This all reminds me ..." with ❤️
- 09:42:13 From Kristen Ellis, LMFT - RI : Wrestling with Depression and Suicide Alone in the Dark
<https://stephaniemitchellhughes.medium.com/wrestling-with-depression-and-suicide-alone-in-the-dark-92a9964474ed>
- 09:42:27 From Susan Robinson, NC : Reacted to "Wrestling with Depre..." with ❤️
- 09:42:35 From Susan Robinson, NC : Reacted to "This all reminds me ..." with ❤️
- 09:42:41 From Susan Robinson, NC : Reacted to "Thank you, Stephanie..." with 💜
- 09:43:06 From Stephanie Mitchell Hughes : Thank you.
- 09:43:24 From Leah Holmes-Bonilla : Reacted to "Thank you." with 💜
- 09:43:30 From Kelle Masten : Reacted to "Thank you, Stephanie..." with ❤️
- 09:43:39 From Jane Tobler : Thank you so much, Stephanie. So important to hear this.
- 09:43:44 From Jane Tobler : Reacted to "Thank you, Stephanie..." with ❤️
- 09:44:18 From Susan Robinson, NC : Reacted to "Really great discuss..." with 💜
- 09:44:25 From Shanon Quick : This is a great discussion and so needed to hear people talk about their own experiences. I much appreciate your brave heart.
- 09:44:31 From Kelle Masten : Well said Dr. Sims! Thank you so much Stephanie for sharing today.
- 09:45:07 From Kristen Ellis, LMFT - RI : 988 Suicide & Crisis Lifeline in the SAMHSA Store:
<https://www.samhsa.gov/find-help/988> and click on "Printable Materials"
- 09:46:39 From Stephanie Hepburn : Reacted to "Wrestling with Depre..." with ❤️
- 09:47:38 From John Palmieri : <https://www.samhsa.gov/crisis-systems-response-training-technical-assistance>
- 09:48:06 From Kimberly Harol warmline.org : Can you send me a link to the crisis hot seat? We want to forward it to the warmline.org executive Committee and Howard's 500+ email distribution!
Thanks
- 09:48:53 From Stephanie Hepburn : Very cool, Sarah
- 09:49:36 From Susan Robinson, NC : Reacted to "Very cool, Sarah" with 💜
- 09:49:39 From Kristen Ellis, LMFT - RI : Replying to "Can you send me a li..."

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Are you looking for the question from today? All items will be posted on our Learning Community and YouTube. <https://talk.crisisnow.com/learningcommunity/>

- 09:50:00 From Kimberly Harol warmline.org : Replying to "Can you send me a li..." yes
- 09:50:04 From Kimberly Harol warmline.org : Replying to "Can you send me a li..." thanks
- 09:50:29 From Sarah Corcoran : Reacted to "Very cool, Sarah" with ❤️
- 09:50:35 From Sarah Corcoran : <https://www.cms.gov/newsroom/fact-sheets/calendar-year-cy-2024-medicare-physician-fee-schedule-proposed-rule>
- 09:50:43 From Joanna Rosen : <https://www.veterans.senate.gov/2023/9/invisible-wounds-of-war-improving-mental-health-and-suicide-prevention-measures-for-our-nation-s-veterans>
- 09:50:55 From Leah Holmes-Bonilla : Reacted to "Very cool, Sarah" with 💜
- 09:51:15 From Megan Carlson : @Sarah Corcoran is there a link to the legislation tracker?
- 09:52:10 From Sarah Corcoran : Here's the link to the legislation tracker:
<https://www.guidelobby.com/federal-ccc-legislation>
- 09:52:25 From Megan Carlson : Reacted to "Here's the link to t..." with ✨
- 09:52:38 From Kristen Ellis, LMFT - RI : 988 State Map <https://reimaginecrisis.org/map>
- 09:52:45 From Kristen Ellis, LMFT - RI : Terry Russell on Building Ohio's Crisis Systems
<https://talk.crisisnow.com/terry-russell-on-building-ohios-crisis-systems/>
- 09:53:21 From Stephanie Mitchell Hughes : Replying to "Well said Dr. Sims! ..." Thank you.
- 09:53:43 From Kristen Ellis, LMFT - RI : Strong Talk Podcast
<https://strongtalkpod.buzzsprout.com/>
- 09:53:48 From Stephanie Mitchell Hughes : Replying to "Thank you so much, S..." Thank you
- 09:54:41 From Leah Holmes-Bonilla : Reacted to "Well said Dr. Sims! ..." with 💜
- 09:54:45 From Christina Smith : Reacted to "Here's the link to t..." with 👍
- 09:55:56 From CW Tillman : Looking forward to future updates about recently introduced legislation in the Senate for Peer Support. S2733.
- 09:56:47 From Ava Kaufmann : Reacted to "Looking forward to f..." with ❤️
- 09:58:20 From Crisis Jam : Thank you all for your patience as we transitioned! And for joining us today!
- 09:58:21 From Stephanie Hepburn : Thank you, Stephanie Mitchell Hughes, for your presentation.

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- 09:58:35 From Meighan Haupt : Reacted to "Thank you, Stephanie..." with ❤️
- 09:58:37 From Stephanie Mitchell Hughes : Replying to "Thank you, Stephanie..." Thank you
- 09:58:37 From Kelle Masten : Reacted to "Thank you, Stephanie..." with ❤️
- 09:58:45 From Jane Tobler : Thank you for another great Jam!
- 09:58:57 From Jane Tobler : Reacted to "Looking forward to f..." with ❤️
- 09:59:00 From Jane Tobler : Reacted to "Thank you, Stephanie..." with ❤️
- 09:59:23 From Chris Roup (she/her), CRPT Inc : Reacted to "Thank you all for yo..." with ❤️
- 09:59:25 From Meighan Haupt : Thank you for your leadership, David!
- 09:59:34 From Stephanie Hepburn : Reacted to "Thank you for your l..." with ❤️
- 09:59:39 From Steve Hamerdinger : Reacted to "Thank you for your l..." with ❤️
- 09:59:48 From Manly Summerfield : Took me a while to get on but now I know what I was doing wrong - next week will go smoother
- 09:59:50 From Jane Tobler : Reacted to "Thank you for your l..." with ❤️
- 09:59:59 From Leah Holmes-Bonilla : Thanks so much. Great Jam!!