

Research Associate
Comagine Health



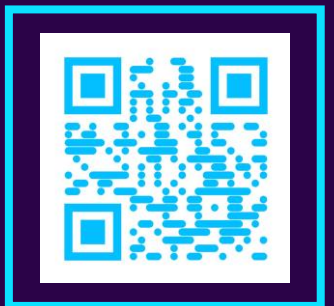
**KATE
LAFORGE**

DATA CORNER



UNRAVELING CRISIS TEXT SERVICES: THE CONDUIT STUDY

- I'm Kate! Medical Sociology Ph.D. student at the University of California San Francisco
- Live in Portland, OR
- Crisis Text Line volunteer
- Research incorporates Sociology + Health services
- Currently conducting my dissertation research exploring young adult's experiences with mental health crisis services, focusing on crisis text services. Includes:
 - A survey (n = 125)
 - Text-based interviews (n = 35)





PRELIMINARY FINDINGS (N = 28)

Think back to the last time you texted or chatted a crisis line, what went into your decision to contact them?

Feeling like a burden
on people in my life

Since you've heard of crisis text or chat lines but not used one, what's stopped you?

Didn't think it would
help

What would stop you from calling 911 if you had suicidal thoughts in the future?

Afraid it would cost
too much