# Connected and Strong

### Strategies for Accessible and Effective Crisis and Mental Health Services

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### Connected and Strong: Strategies for Accessible and Effective Crisis and Mental Health Services



#### 2023 Ten Technical Assistance Papers:

- 1. Unity Agenda and Connected and Strong Services
- 2. Peer Support across the Crisis Continuum
- 3. Growing and Strengthening BH Workforce
- 4. Medical Approaches to Mental Health and Substance Use Crisis Encounters
- Innovative Uses of Technology to Enhance Access to Services within the Crisis Continuum
- 6. 988 and 911 Interoperability: Leveraging Strengths and Opportunity
- 7. Facilitating Rapid Access to Outpatient Mental Health and Substance Use Care
- 8. Increasing Equitable Access to Care for Co-Occurring Mental Health and Substance Use Disorders
- 9. Intersectionality: Faith, Mental Health, and Community Partnerships
- 10. Long COVID and Vulnerable Populations



## Increasing Equitable Access to Care for Co-Occurring Mental Health and Substance Use Disorders

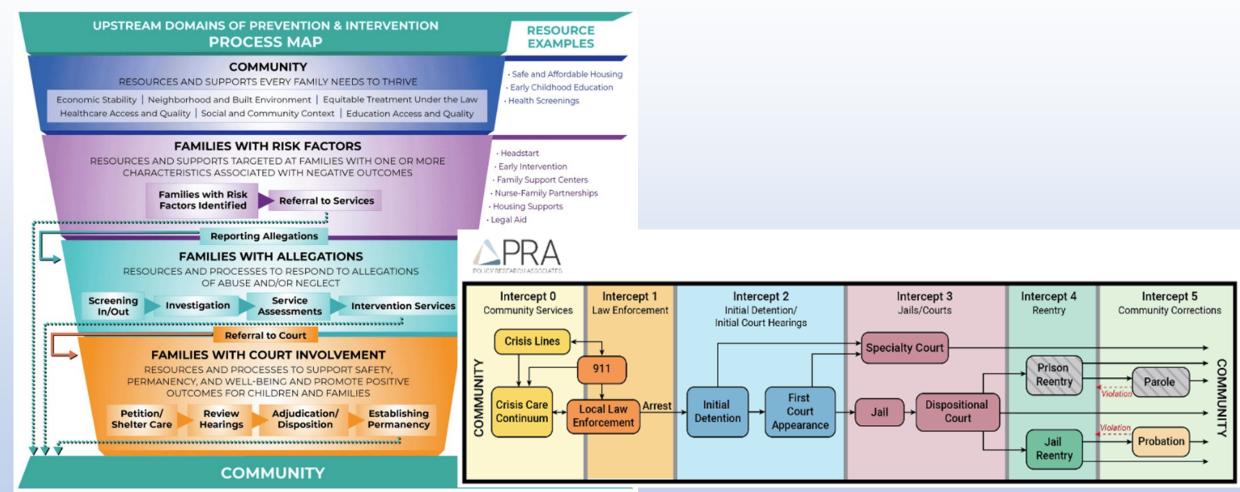
(Gaba, Wangari Walter, Pinals 2023)

#### • Highlights:

- Although treatment guidelines recommend that people with CODs receive integrated treatment to address both substance use and mental health disorders, concurrent treatment is seldom provided in the current landscape.
- Mitigating the impact of social determinants of health plays a vital role in reducing disparities in COD access and quality of care.
- Culturally adapting evidence-based interventions and centering equitable implementation is essential for advancing health equity for priority populations.



### Frameworks



**National Center for State Courts** 

## Increasing Equitable Access to Care for Co-Occurring Mental Health and Substance Use Disorders

(Gaba, Wangari Walter, Pinals 2023)

#### Recommendations for Policymakers:

- 1. Prioritize and fully fund COD screening, assessment, and treatment across the age spectrum and continuum of care.
- 2. Prioritize and fund integrated COD treatment.
- 3. Fund COD stigma reduction and public awareness campaigns.
- 4. Require data collection to assess COD service availability as its own service or as part of mental health treatment and substance use disorder treatment programs.
- 5. Improve COD education and training for the workforce.
- 6. Assess structural barriers to COD treatment access and engagement.



## Increasing Equitable Access to Care for Co-Occurring Mental Health and Substance Use Disorders

(Gaba, Wangari Walter, Pinals 2023)

#### Recommendations for Policymakers:

- 7. Identify and de-implement policies, programs, and practices contributing to disparities.
- 8. Fund case management, navigation services, and other linkage supports to address social determinants of health needs.
- 9. Fund and implement evidence-informed and evidence-based programs (e.g., specialty courts) to divert youth and adults with CODs from carceral settings to community-based treatment settings.
- 10. Ensure Medicaid coverage at release for all Medicaid-eligible individuals released from carceral settings and other institutions such as state hospitals, and explore new opportunities for benefit coverage pre-release.
- 11. Provide universal screening, prevention, and treatment for opioid use disorder, spanning carceral and community settings.

