

crisistrivia
hotseat

Silouan Green, who served in the United States Marine Corps, told #CrisisTalk “so many veterans have issues with labels” and after receiving a diagnosis had believed “I was PTSD and suicide. That’s who I’d become.” He says that being in the military is an identity, and when that’s shed, there’s an identity vacancy.

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ACCORDING TO GREEN, WHAT OTHER GROUP OF PEOPLE SUFFER FROM A PROFOUND LOSS OF IDENTITY WHEN THEY RETIRE?

A: Paramedics

B: Police Officers

C: Nurses

D: Call Center Counselors



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“One day, you’re at work,” he said. “The next day, you’re home.” “Whatever’s in your head a lot of times, you’ll suddenly have to deal with it because you no longer have the routine, the identity, or the comradery you had before. And you’ve been given no tools on how to unpack it.”

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