

crisistrivia  
**hotseat**

The number of frequent callers can vary and depend on factors such as the population served, availability of mental health services, public awareness campaigns, and societal factors influencing mental health.

*WHAT IS A COMMON REASON WHY INDIVIDUALS FREQUENTLY CALL SUICIDE HELPLINES?*

A: Loneliness and social isolation

B: Relationship problems

C: Financial stress

D: All of the above

**AUDIENCE**



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In addition to mental health struggles, substance use challenges, trauma and abuse concerns, individuals frequently call due to feeling disconnected from others, conflicts with loved ones, and despairing of financial stressors.

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