

SAMHSA Update

U.S. Department of Health & Human Services

SAMHSA
Substance Abuse and Mental Health
Services Administration

Find Treatment Practitioner



**DAVID
DEVOURSNEY**

What is a Certified Community Behavioral Health Clinic?

- Brings a comprehensive range of services together, incorporating evidence-based practices and other supports based on a community needs assessment



- Provides for improved access to mental health and substance use disorder services, including increased capacity to respond to crises
- Serves individuals across the lifespan with mental health and/or substance use disorders
- Must meet CCBHC Certification Criteria

CCBHC Certification Criteria

CCBHCs Provide Nine Core Services Directly or Through Formal Partnerships

Crisis Services



Outpatient Mental Health & Substance Use Services



Screening, Diagnosis & Risk Assessment



Person- & Family-Centered Treatment Planning



Psychiatric Rehabilitation Services



Community-Based Mental Health Care for Veterans



Outpatient Primary Care Screening & Monitoring



Peer, Family Support & Counselor Services



Targeted Case Management



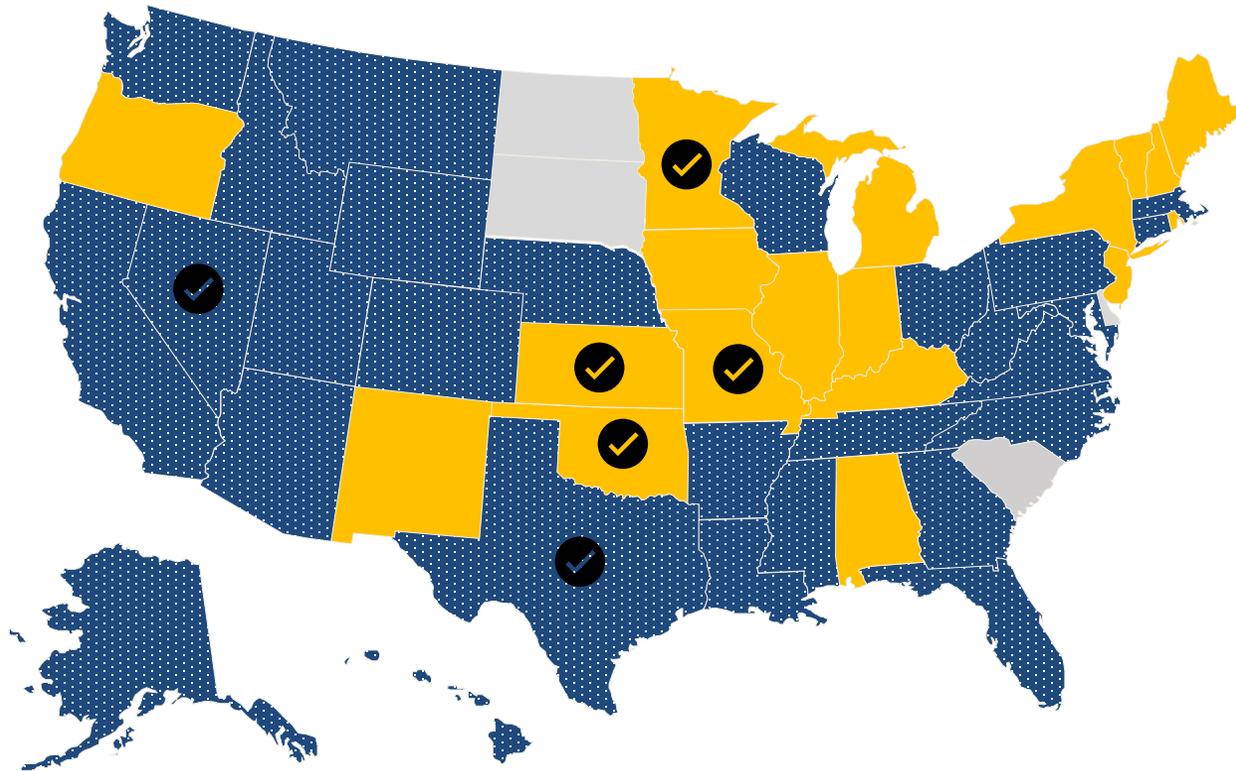
1. **Staffing:** Staffing standards informed by local needs
2. **Availability and Accessibility of Services:** Standards for timely and meaningful access to services, outreach and engagement, 24/7 access to crisis services, treatment planning, and acceptance of all people who request services regardless of ability to pay or place of residence
3. **Care Coordination:** Requires care coordination plans across services and providers and health information technology infrastructure
4. **Scope of Services:** Nine required services
5. **Quality and Other Reporting:** Quality measures, a quality improvement plan
6. **Organizational Authority and Governance:** Consumer representation in governance, participation in Medicaid, appropriate state accreditation

Updated Criteria: <https://www.samhsa.gov/sites/default/files/ccbhc-criteria-2023.pdf>

Original Criteria:

https://www.samhsa.gov/sites/default/files/programs_campaigns/ccbhc-criteria.pdf

Map of CCBHCs Across the United States (as of June 2024)



Federal CCBHC Medicaid Demonstration (And SAMHSA Expansion Grants)



State contains at least one local SAMHSA expansion grantee



CMS-approved payment method for CCBHCs via a SPA or 1115 waiver separate from Demonstration

- There are now more than 500 CCBHCs across 46 States, the District of Columbia, and Puerto Rico
- CCBHCs may be a part of the Section 223 Medicaid Demonstration, Independent State programs, or participating in SAMHSA's expansion grants.
- 18 States are participating in the Section 223 CCBHC Medicaid Demonstration (recent additions in *blue italics*):

1. *Alabama*
2. *Illinois*
3. *Indiana*
4. *Iowa*
5. *Kansas*
6. Kentucky
7. *Maine*
8. Michigan
9. Minnesota
10. Missouri
11. *New Hampshire*
12. *New Mexico*
13. New Jersey
14. New York
15. Oklahoma
16. Oregon
17. *Rhode Island*
18. *Vermont*

- Most demonstration states are not statewide, but many are adding sites over time.
- Newly added demonstration states are beginning their demonstration programs over the next year.

Certified Community Behavioral Health Clinics (CCBHCs) and Crisis Response

“Someone to contact”



- SAMSHA recently updated these criteria to include a stronger focus on helping people in crisis and, in July 2024, CCBHCs will be required to:
 - **Coordinate with** the **988** call center serving the area where the CCBHC is located - **New**
 - **Coordinate with local emergency departments, inpatient systems, and law enforcement**
 - Must educate people served about crisis planning and how to access crisis services, **including 988.**

“Someone to respond” (mobile crisis)



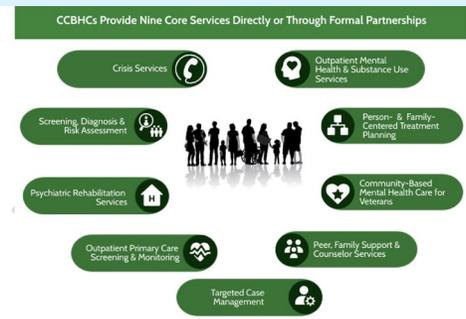
- Determine if a person is in crisis at first contact with the CCBHC, and if necessary, **provide a mobile crisis response within 3 hours** (available 24 hours a day)
- **Participate in their local “air traffic control” system** – coordinating with other entities and working with other systems to track individuals as they are connected with the support they need - **New**

Certified Community Behavioral Health Clinics (CCBHCs) and Crisis Response

“A safe place for help”
(specialized facilities and stabilization services)

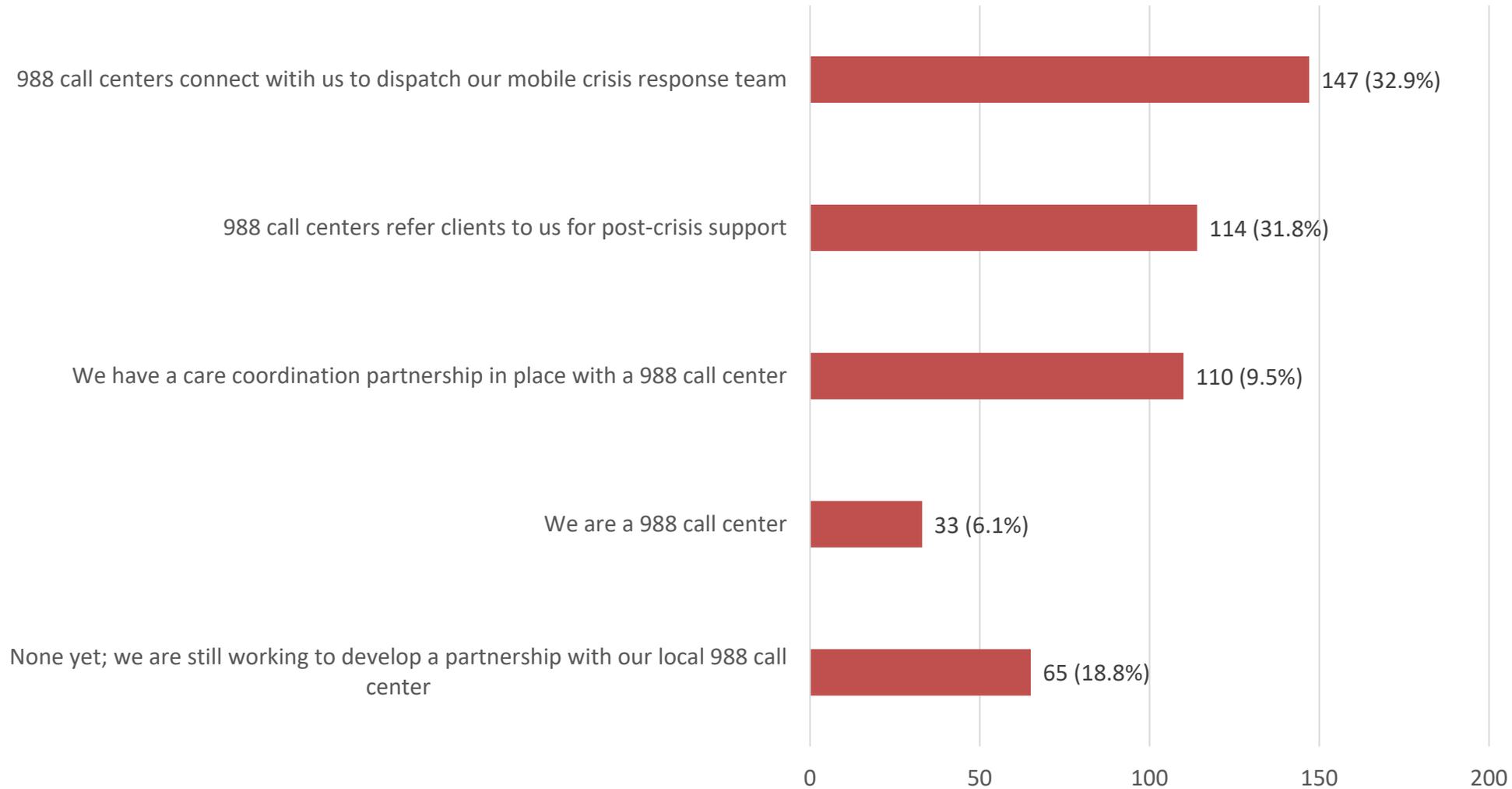


**Comprehensive,
coordinated,
follow-up care**



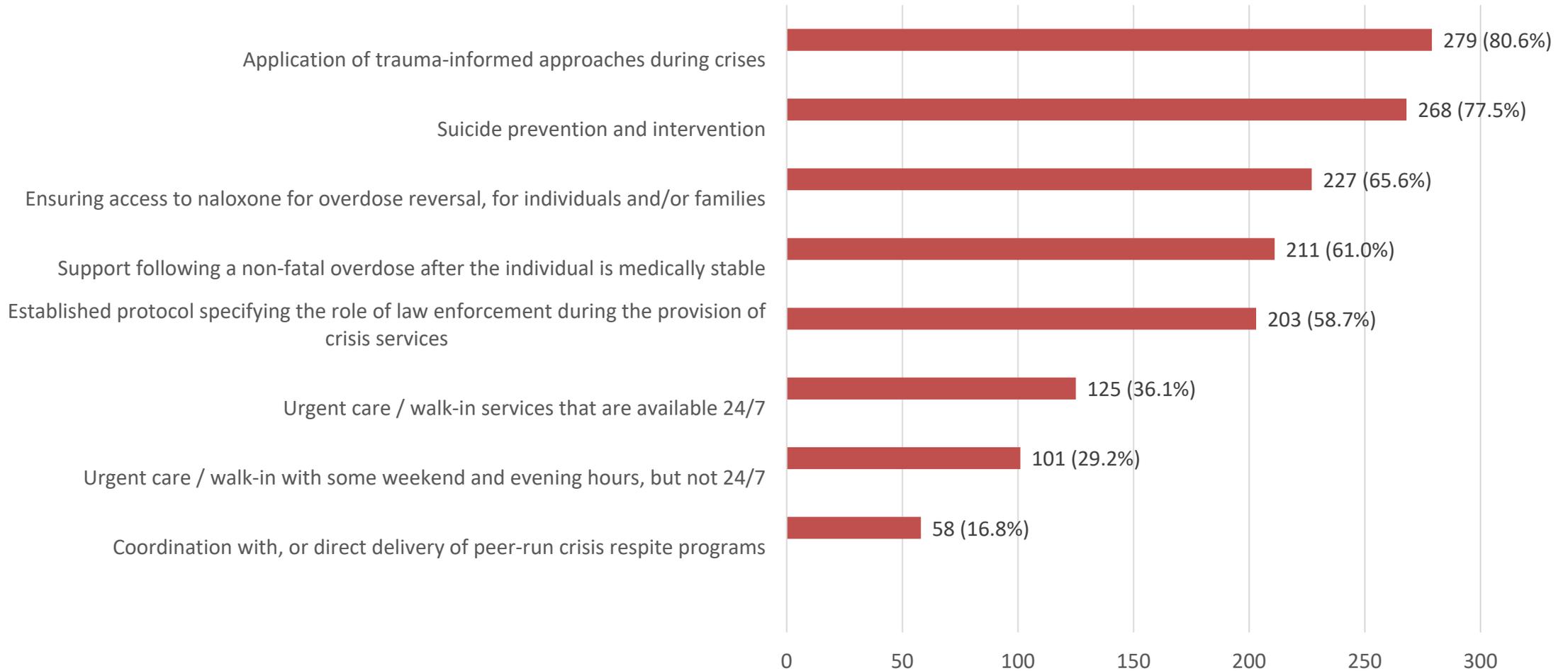
- Provide **crisis walk-in capacity** available during extended hours - **New**
- Provide **care, regardless of ability to pay or place of residence**, to anyone who needs it
- **Comprehensive set of outpatient mental health and substance use supports**
- Provides **care coordination**, including with primary care/physical health and social services
- **Initial evaluation and comprehensive assessment** must address **suicide risk, substance use, other safety concerns**
- Develop a **crisis plan for every person** they serve
- **Train their staff on suicide and overdose prevention and response** - **Partially New**
- **Coordinate with the 988** call center serving the area where the CCBHC is located - **New**
- Engage in **continuous quality improvement** to improve processes around emergency department use, hospitalization, repeated crisis episodes, suicide deaths and attempts, fatal and non-fatal overdoses - **Partially New**
- including **continuing care following a behavioral health crisis** Needs assessment must address crisis services and should involve crisis response partners

How CCBHCs Engage with the 988 Suicide & Crisis Lifeline



Source: 2024 National Council Impact Survey of 346 CCBHCs

Crisis Stabilization Services and Supports Provided Directly by CCBHCs



Source: 2024 National Council Impact Survey of 346 CCBHCs

Certified Community Behavioral Health Clinics - Key Takeaways:

- Create a federal standard – a floor that providers and states can build upon to meet unique community needs
- Shift the equation for providers under the Medicaid Demonstration, enabling flexible team-based care instead of disconnected services driven by billing codes
- A vital part of the crisis continuum in their communities, providing crisis response and guaranteed access to continuing care
- Have seen significant growth since 2017 and will be incorporated into many more state systems over the next few years

