

crisistrivia  
**hotseat**

Minority populations in the United States are less likely to receive mental health services. According to SAMHSA in 2019 about 48% of White adults received services compared to 31% of Black adults, 22% of Asian adults, and 33% of Hispanic adults.

*WHICH OF THE FOLLOWING FACTORS IS MOST COMMONLY ASSOCIATED WITH THE DISPARITY IN MENTAL HEALTH OUTCOMES AMONG MINORITY POPULATIONS IN THE US?*

A: Higher rates of physical health issues

B: Lower levels of education

C: Limited access to culturally competent care

D: Increased rates of substance abuse



**DAVID G. JOHNSON**



Mobile Crisis  
Project  
Coordinator

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The disparity in mental health outcomes among minority populations is significantly influenced by limited access to culturally competent mental health care. This refers in the providers ability to meet the social, cultural, and linguistic needs of patients.

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