

A red chair is positioned on the left side of the frame. The background is a dark, textured grey with several wisps of white smoke rising from a glowing red, rocky surface at the bottom. The text 'crisistrivia hotseat #147' is overlaid on the chair's backrest.

crisistrivia  
**hotseat**  
**#147**

Before 1990, public accounts from suicide attempt survivors were rare. Today, hundreds of individuals with lived experience are reshaping our understanding of pain, crisis, and recovery, offering new perspectives on how to provide hope and support.

crisistrivia  
hotseat  
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*WHICH AUTHOR WAS FIRST TO BREAK THE SILENCE AROUND SUICIDE ATTEMPTS AND MENTAL HEALTH STRUGGLES?*

A: Kevin Hines

B: Kay R. Jamison

C: Marsha Linehan

D: William Styron



VINTAGE STYRON

One of the leading American novelists of the 20<sup>th</sup> Century, Styron wrote a NYT Op-Ed after Survival in Auschwitz author Primo Levi's death was ruled a suicide. He was dismayed by the reaction to his piece.

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Darkness Visible

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Levi's supporters and scholars rejected the notion that this person of strength could have died of suicide. Styron felt compelled to share his own story as a survivor.

**“The argument I put forth” Styron explained, “was fairly straightforward: the pain of severe depression is quite unimaginable to those who have not suffered it, and it kills in many instances because its anguish can no longer be borne.”**

Darkness Visible