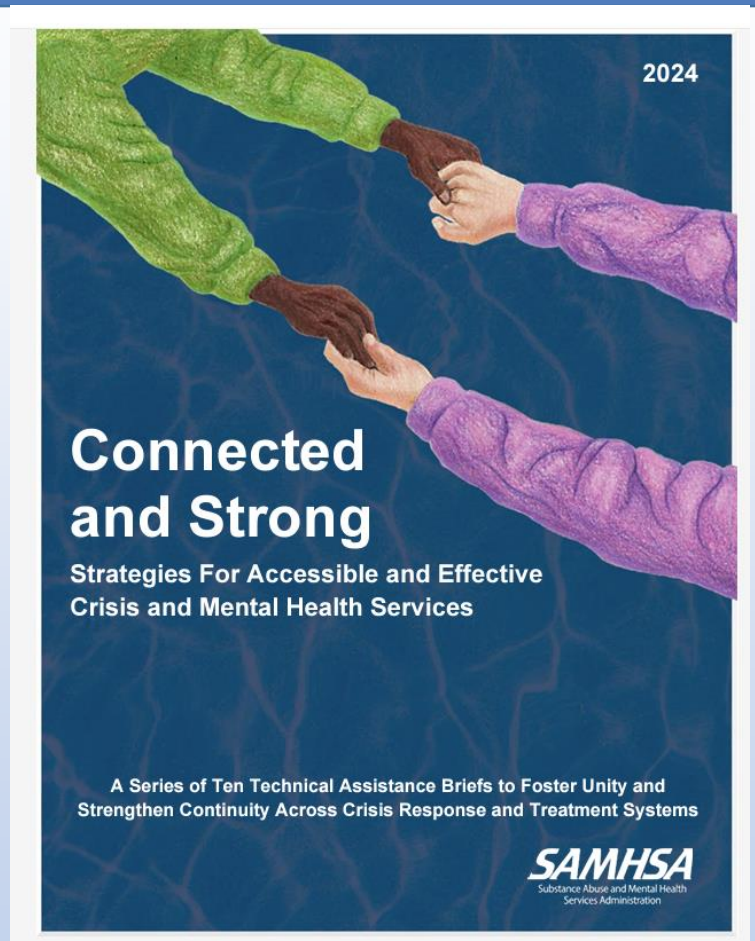
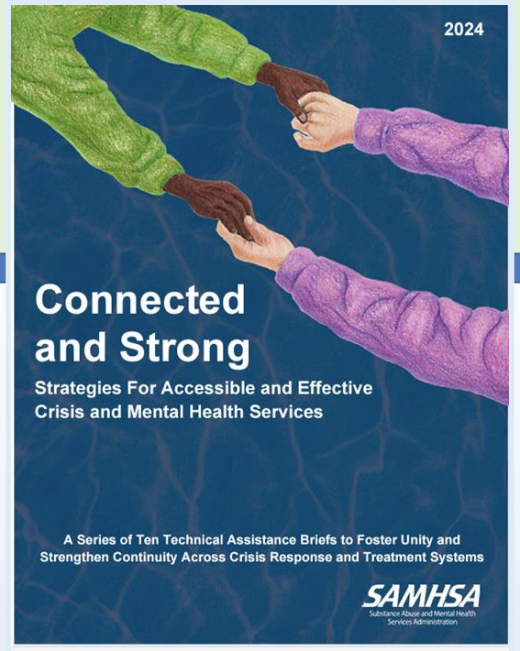
October 16, 2024

Crisis Jam!!!

Connected and Strong

Released September 2024!

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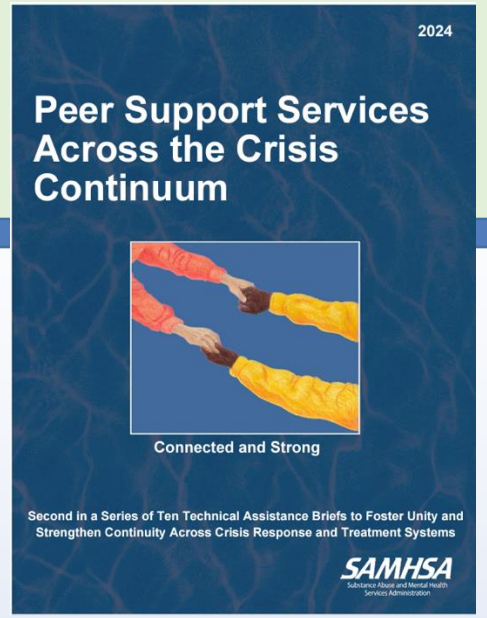
Strategies For Accessible and Effective Crisis and Mental Health Services
A Series of Ten Technical Assistance Briefs to Foster Unity and Strengthen Continuity Across Crisis Response and Treatment Systems
SAMHSA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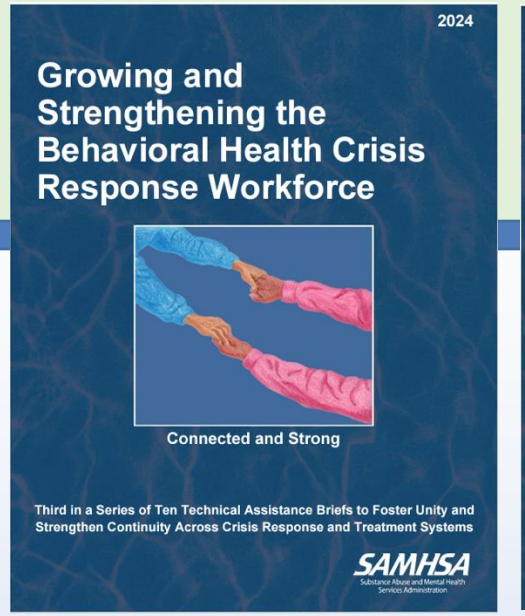
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Growing and Strengthening the Behavioral Health Crisis Response Workforce
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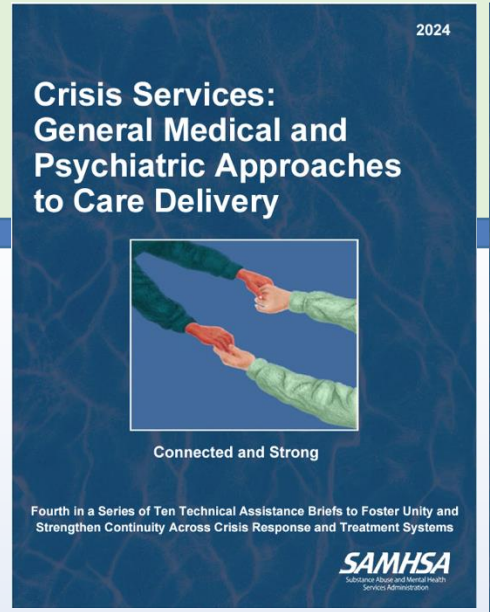
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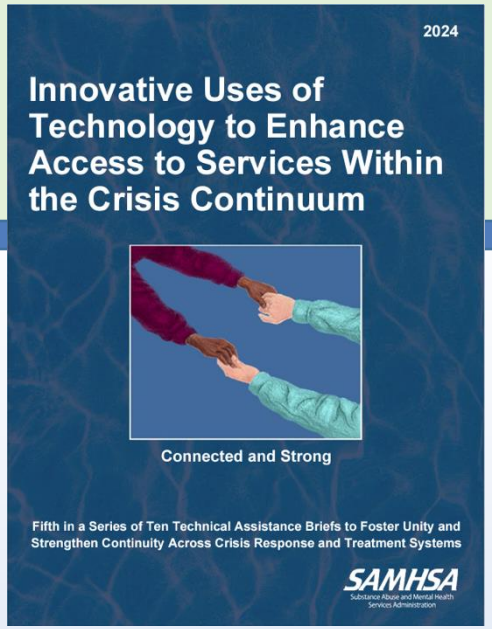
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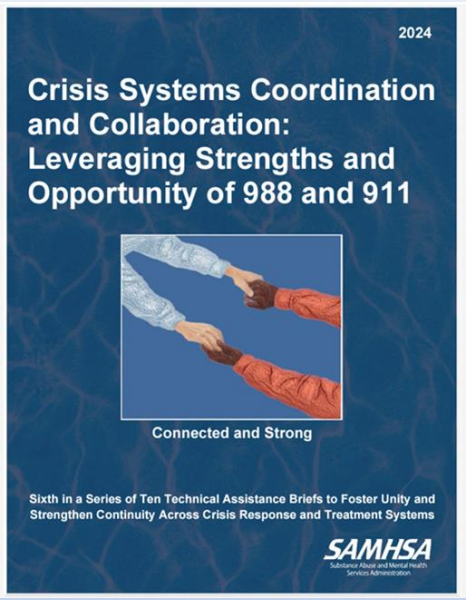
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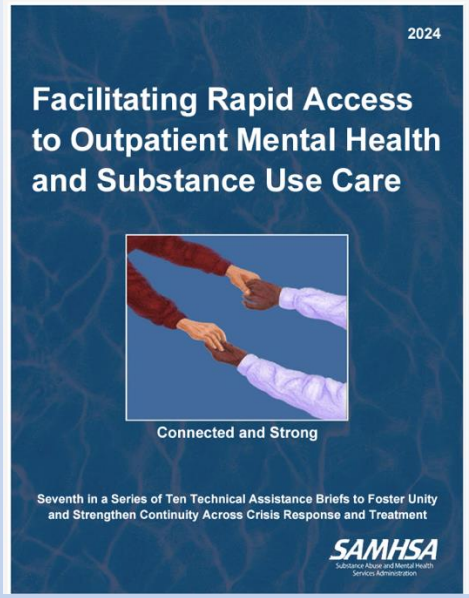
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Facilitating Rapid Access to Outpatient Mental Health and Substance Use Care
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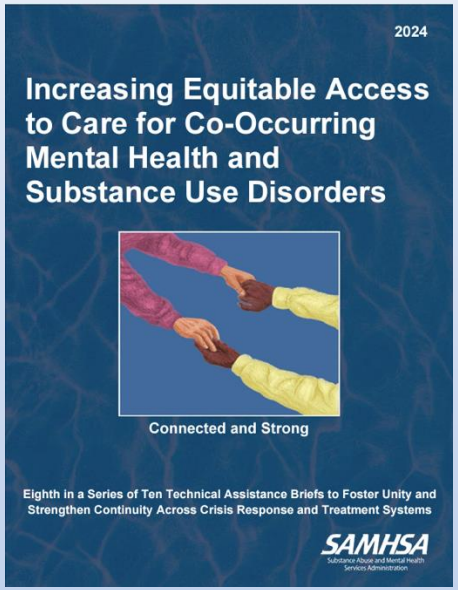
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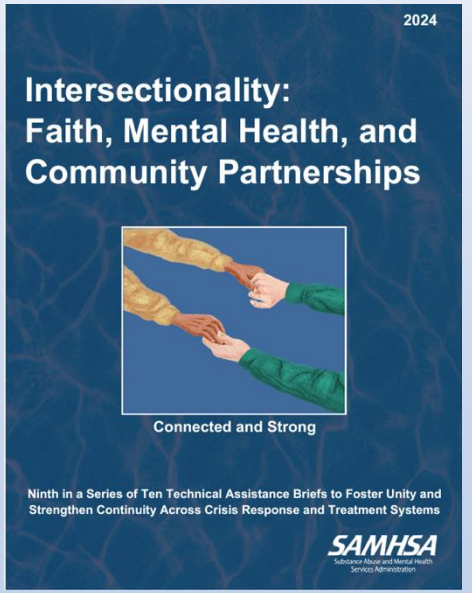
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Intersectionality: Faith, Mental Health, and Community Partnerships
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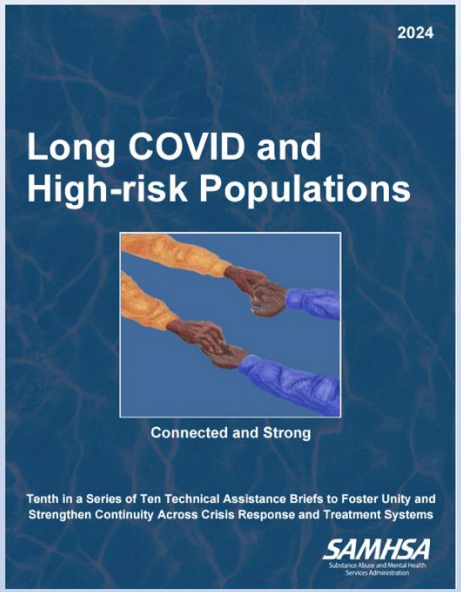
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Long COVID and High-risk Populations
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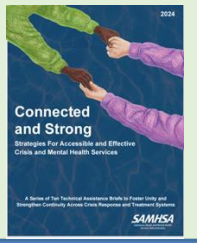

Figure 1.

Figure 1: President Biden's Strategy to Address the National Mental Health Crisis as Part of the Unity Agenda

Strengthen System Capacity

- Invest in proven programs that bring providers into behavioral health
- Pilot new approaches to train a diverse group of para-professionals
- Increase the standardization of peer recovery specialists
- Promote the mental well-being of our frontline health workforce
- Implement the transition of the 988 Suicide & Crisis Line and strengthen community-based crisis response
- Expand the availability of evidence-based community mental health services
- Invest in research on new practice models

Connect Americans to Care

- Expand and strengthen parity
- Integrate mental health and substance use treatment into primary care settings
- Improve veterans' access to same-day mental health care
- Expand access to tele- and virtual mental health care options
- Expand access to mental health support in schools and colleges and universities
- Embed and co-locate mental health and substance use providers into community-based settings
- Increase behavioral health navigation resources

Continued

Figure 1: Continued

Support Americans by Creating Healthy Environments

- Strengthen children's privacy
- Institute stronger online protections for young people, including prioritizing safety by design standards and practices for online platforms, products, and services
- Stop discriminatory algorithmic decision-making that limits opportunities for young Americans
- Invest in research on social media's mental harms
- Expand early childhood and school-based intervention services and supports
- Set students up for success
- Increase mental health resources for justice-involved populations
- Train social and human services professionals in basic mental health skills

Fact Sheet: President Biden to Announce Strategy to Address Our National Mental Health Crisis, as Part of Unity Agenda in His First State of the Union. Washington, DC, The White House. March 1, 2023. https://www.whitehouse.gov/briefing-room/statements-releases/2022/03/01/fact-sheet-president-biden-to-announce-strategy-to-address-our-national-mental-health-crisis-as-part-of-unity-agenda-in-his-first-state-of-the-union/

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Highlights:

Table 1: Examples of Partner Organizations for Collaboration with the Behavioral Health Crisis System

- American Academy of Pediatrics (AAP)
- American Association of Poison Control Centers (AAPCC)
- American College of Emergency Physicians (ACEP)
- American Foundation for Suicide Prevention (AFSP)
- American Hospital Association (AHA)
- Association of Public-Safety Communications Officials (APCO)
- Bureau of Justice Assistance (BJA)
- CIT International: Crisis Intervention Team International Association (CIT)
- Council of State Governments (CSG)
- Emergency Medical Services for Children national program (EMSC)
- International Association of Chiefs of Police (IACP)
- International Association of Emergency Medical Services Chiefs (IAEMSC)
- National 911 Program Office, US Department of Transportation
- National Action Alliance for Suicide Prevention (NAASP)
- National Alliance on Mental Illness (NAMI)
- National Association of Black Law Enforcement Officers (NABLEO)
- National Association of Emergency Medical Technicians (NAEMT)
- National Association of Police Organizations (NAPO)
- National Association of State 911 Administrators (NASNA)
- National Association of State EMS Officials (NASEMSO)
- National Association of State Mental Health Program Directors (NASMHPD)
- National Co-Responder Consortium
- National Council for Mental Wellbeing (NCMW)
- National Emergency Medical Services Information System (NEMSIS)
- National Emergency Number Association (NENA)
- National EMS Management Association (NEMSMA)
- National Fire Protection Association (NFPA)
- Vibrant Emotional Health (VEH)

"Figure out 'what the win is' for the people you are working with—for example, showing cost savings made a huge difference in our efforts to get recognition and funding from the City of Houston. Knowing the win for them and connecting it to the work is a good way to build consensus."

—Jennifer Battle, MSW, Vice President, Community Access and Engagement, The Harris Center for Mental Health and Intellectual and Developmental Disabilities

Definitions

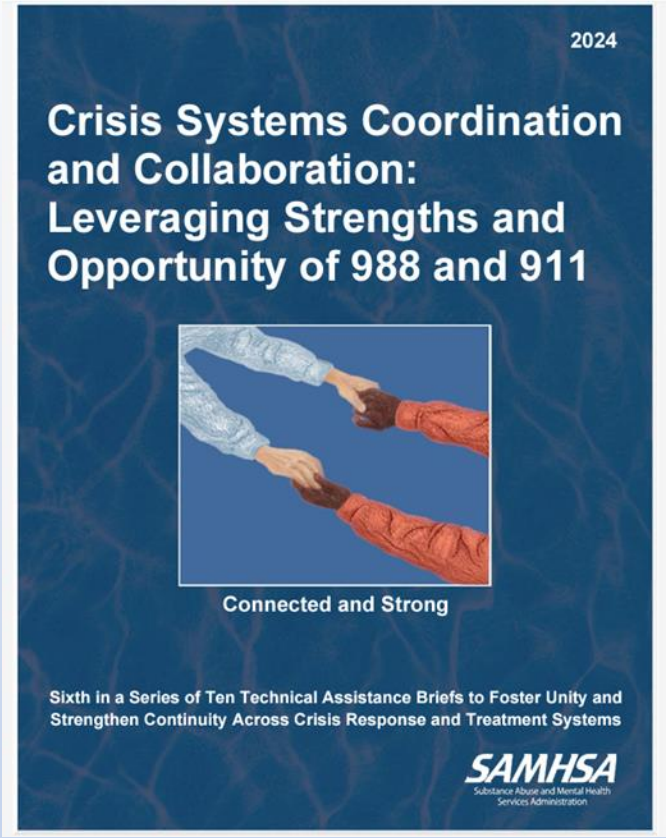
Coordination: organizing different elements in complex systems to enable them to work together effectively.

Collaboration: working with each other to produce or create something.

Integration: to bring together or incorporate parts into a whole.

Interconnectedness: the state of being connected with each other; mutually joined or related.

Interoperability: the ability of computer systems or software to exchange and make use of data information. A broader definition takes into account social, political, and organizational factors that impact system-to-system performance.



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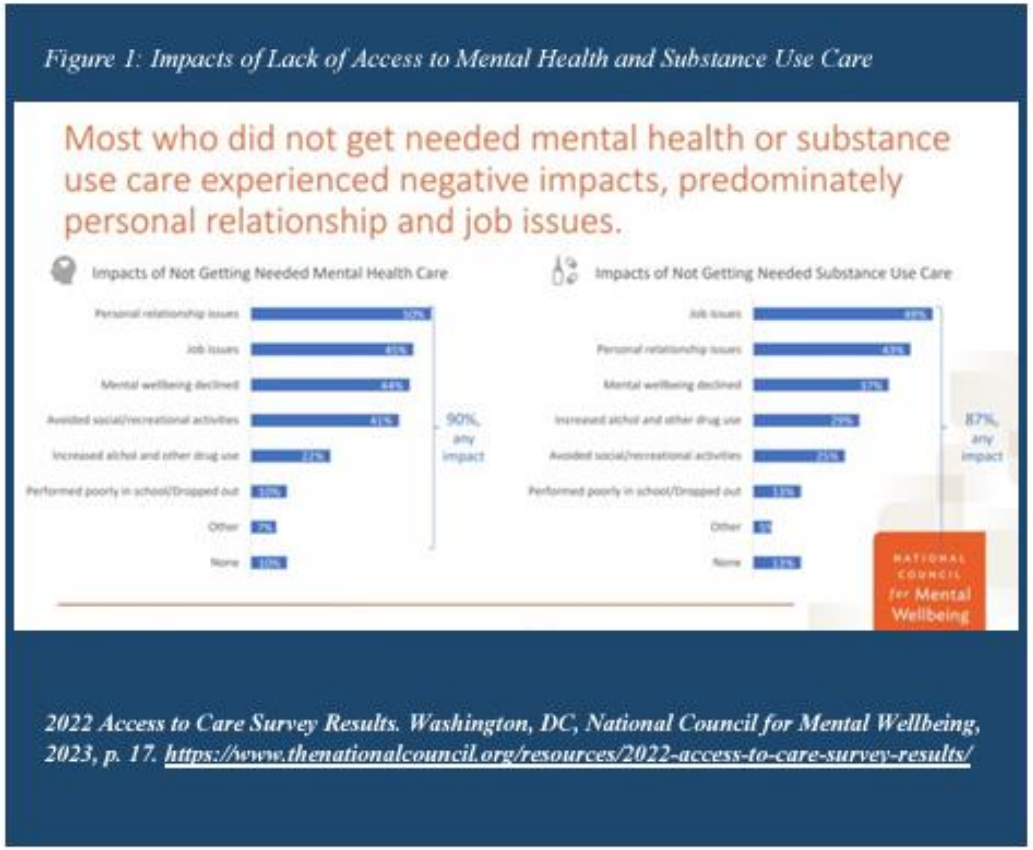

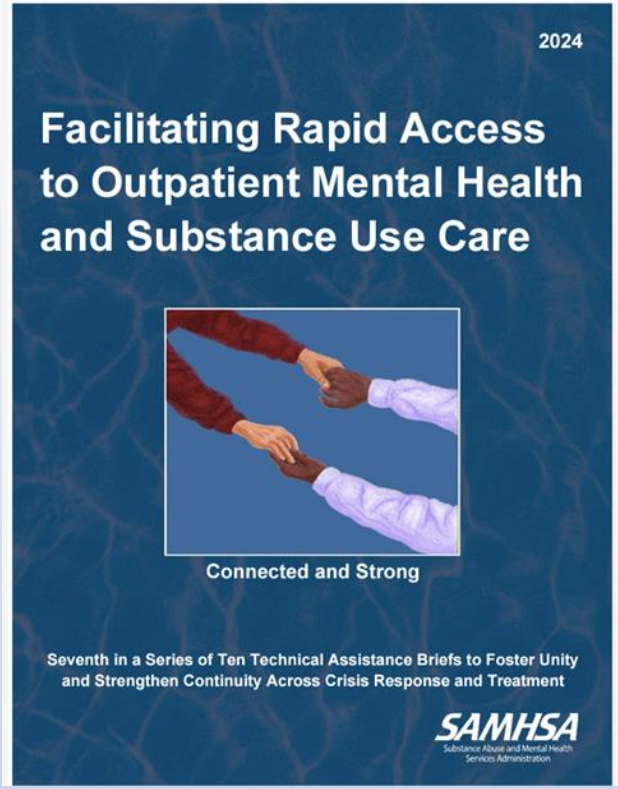

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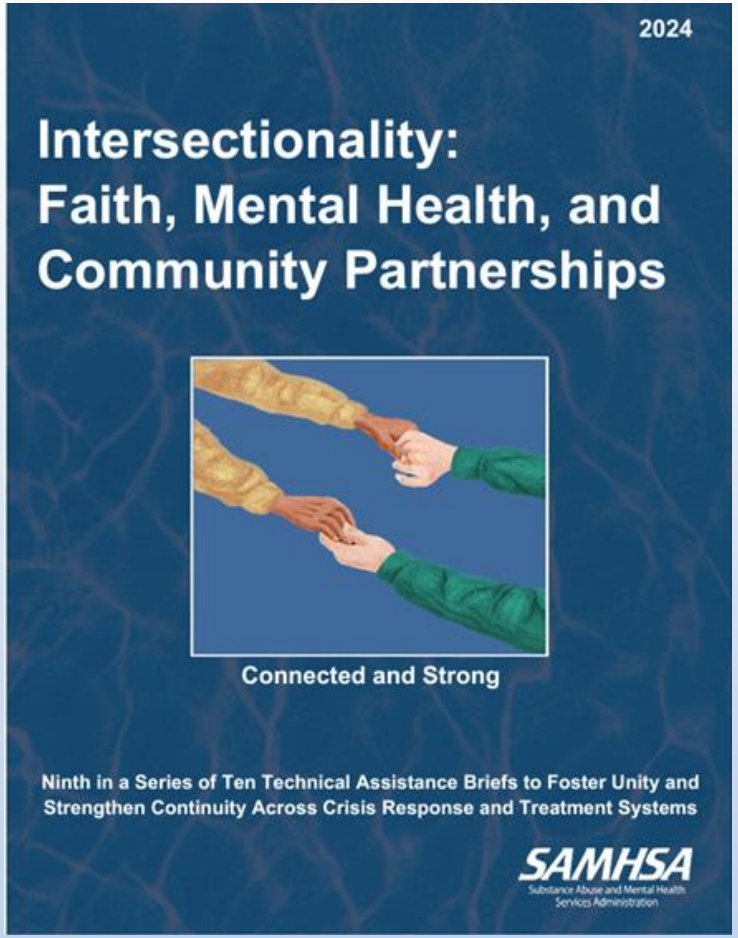
Highlights:

"It's imperative for faith communities to create environments where pastors feel safe and supported in seeking help. This includes promoting open dialogue about mental health, providing access to mental health resources, allowing for sabbaticals, and fostering a culture of care and compassion for spiritual leaders."

—Cynthia McKnight, Manager, FaithNet®, Pastor

"The fact that pastors are trusted voices within their communities and already provide comfort, counseling, and resources made pastors logical mental health champions."

—Pastor Veron Blue, Family Life International Ministries



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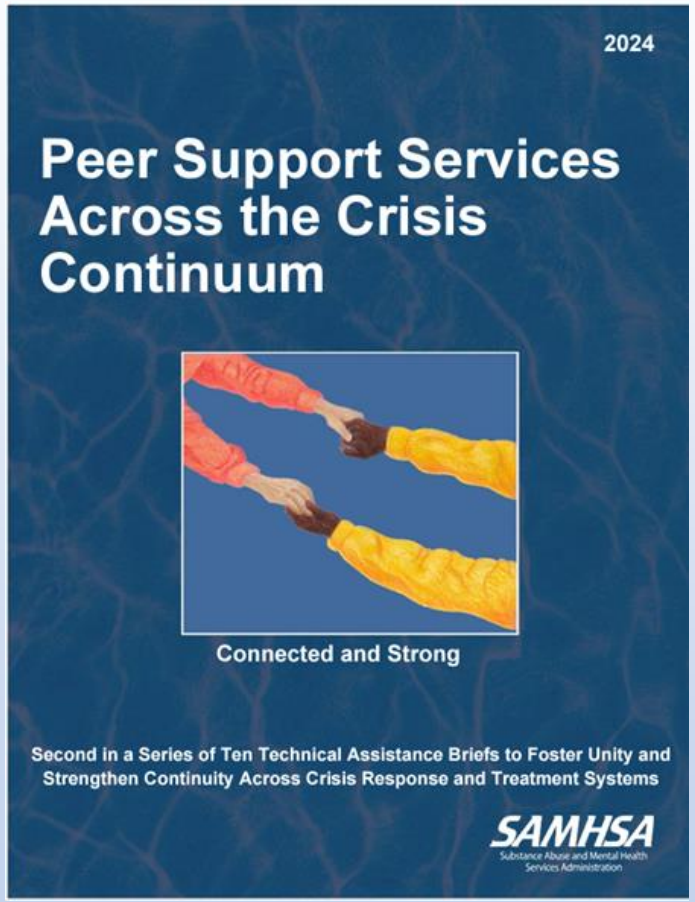

What peer support workers should do:

- Serve as a role model.
- Provide support during a crisis.
- Help with goal setting and wellness planning.
- Make connections with other services and supports.

What peer support workers should not do:

- Perform work that does not meaningfully contribute to care.
- Act as a sponsor, therapist, or clinician.
- Assess, diagnose, or treat an individual.
- Assimilate into other roles.

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Thank you!

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