

crisistrivia  
**hotseat**

Ukeru is a restraint-free training program to manage aggressive behavior, reframed as survival skills guests have learned over time with the job of crisis teams to end the escalation.

***UKERU FOCUSES ON ENGAGEMENT, RELATIONSHIPS, TRAUMA INFORMED CARE, AND INCLUDES A KEY USE OF:***



A: Quiet Rooms

B: Soothing Sounds & Natural Light

C: Karate-style Blocking Pads

D: Safety Officers Focused on the Milieu



Originally developed by Grafton Behavioral Health to reduce the use of seclusion and restraint, they have also seen lower staff injuries and turnover and improved guest outcomes.

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